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19-25 NOVEMBER 2010

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### UUS Nanny for Andy Carroll: Only our own Harry Poppins can help! rikey! Andy Carroll's been a bit of a naughty boy recently, hasn't he? On the pitch he's pure class, but it's his offthe-pitch antics that we're really concerned about. With sexy parties at his mate's house, court cases pending and getting teammate Kevin Nolan into all sorts of strife, we decided he needs a nanny to keep him on the straight and narrow. And with Fabio Capello eyeing the pony-tailed striker after Wazza's rubbish form, we wanted to ensure Carroll doesn't go the same way! So, we sent along our own "Harry Poppins" to scour the streets of Newcastle, to track the big man down and give him a spot of TLC. HotMags - Free Magazines



### Your say!

**Messages from the Toon!** 

### MATTHEW, 17, NEWCASTLE

"Sending a nanny to look after Andy Carroll is a great idea! I think he needs looking after

as he's always in the papers for something he's done!"



### JACK, 18, NEWCASTLE

"I'm a big fan of Andy Carroll. If he concentrates on his football rather than his partying,

I think he'll be the perfect striker for England!"



### JOSH, 19, HULL

"He's a young lad who needs a good old-fashioned lady to take care of him! He's

a decent player and we could certainly use him at Hull City!"



### **ADAM, 18, BURNLEY**

"I'm glad *Nuts* cares about taking care of our players, what with the way some footballers act these days!

Carroll's a great impact player who England need – most definitely!"



### **SAM, 18, NEWCASTLE**

"He's a hero of mine! He can be the new Alan Shearer for England and Newcastle if

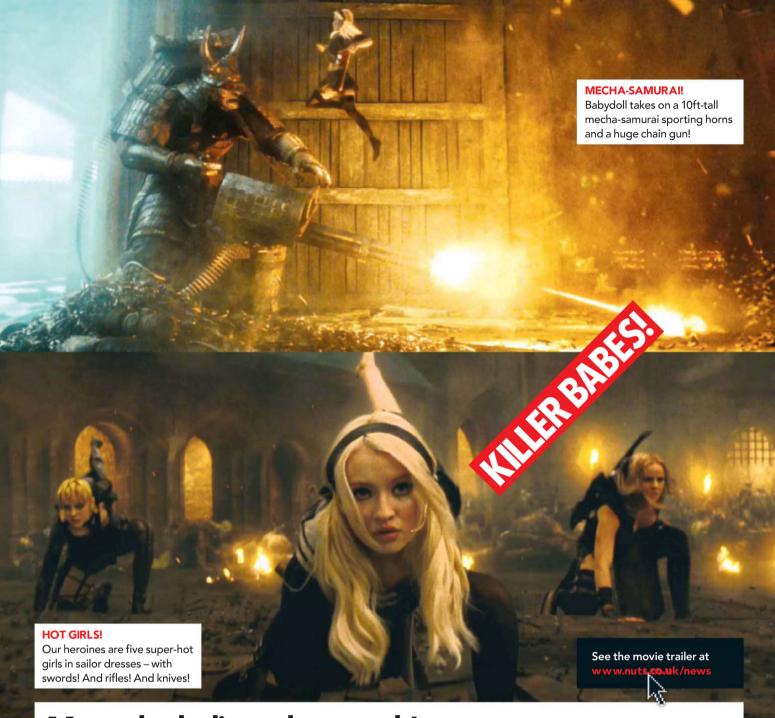
he behaves himself off the pitch. Sending him a nanny is a great idea!"











### Meet the ladies who punch! Familiarise yourself with Sucker Punch's heroines!



**BABYDOLL Emily Browning** Our cute samurai sword-toting heroine!



**AMBER** Jamie Chung Loyal pal who happens to be an ace pilot!



**BLONDIE** Vanessa Hudgens High School Musical star is a brunette called Blondie!



**ROCKET** Jena Malone Sweet Pea's sister and resident weapons expert.



**SWEET PEA** Abbie Cornish Rocket's sister, bit of a whizz on the jet pack.







### The Bristolian gagster talks gravestones, panel shows and free cider! i Mark! Your new series is called Mark Watson Kicks Off. Do you neck a dozen lagers then loudly call the bloke beside you "a wrong 'un"? Yes. We felt it was about time there was more mindless city centre violence on TV. I'm a fairly light build, so it's me drinking two pints of lager in six different cities. You get to see some architecture, but it's mainly violence and boozing. If only that were true! We've heard it's actually a sports panel show where points are awarded for opinion and passion, rather than "correct" answers. Isn't it going to be

Would England do better in Euro 2012 if goals were awarded in the same way? Say for players' haircuts and WAG quality? Well, the oldschool "How many goals can you score?" thing isn't working out for us. I don't know what the wives of other countries' footballers are like. But as it's being held in Ukraine and Poland, I'd imagine the local WAGs will be fairly low-key.

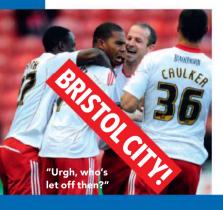
tricky to keep score? Points

make your case rather than

will be largely b\*llocks.

are awarded for how well you

actual fact. So, ves, the scoring



Is it fair to still call football "the beautiful game" now it's full of cheats, crooks and infidelity? Football is like a woman who was once beautiful but has had a series of unsuitable lovers. You can still see the beauty but you have to look through layers of shame. Football's like a disgraced-but-still-sneakily attractive old dame.

Mark Watson

You're from Bristol. Do you share bunk beds with Justin Lee Collins, Russell Howard and Stephen Merchant? I wouldn't want to share a bunk bed with Justin Lee Collins. He'd rustle about all over the place. Steven Merchant? I don't think he's a bunk bed man at all. Plus, I don't live in Bristol any more, so it would be illogical.

We've seen that you write for the Bristol City match day programme. Is it mainly rhyming things with "Bristol City"? No, if we did do that, it would be in all sorts of difficulties. My column is a witty deconstruction of the increasingly dreadful things that are happening to Bristol City. You were once team-mates with Deborah Meaden on Would I Lie To You? What's your killer idea for Dragons' Den? Gravestones with little TVs in them, so you can watch a video of the dead person talking to you. Gravestones are very expensive - you pay a lot of money just to have some words chipped into stone, which I think

ten per cent of this for £170,000! You're on! Is your fridge full of Magners Pear Cider and Innocent smoothies after doing their adverts? I got sent one crate of Magners but I had to drink so much of the bloody stuff filming the advert that the last thing

HotMags - Free Magazines

is a bit impersonal. The future is state-of-the-art techno

I wanted to do was neck any more! I have a lot of Innocent smoothies, but I buy them myself as they didn't give me any for free. Likewise, I haven't been given any free Jams, even though I recently did the commercial. [Does unenthusiastic impression] "I'm not just a cat, I'm an Iams cat." Actually, Dawn French was the Iams cat. I played the sidekick. How about being the phone on the Direct Line advert? [Sings jingle] What do you think I am? Some kind of whore? Er... well... Last question - who would you shag, marry or push off a cliff out of Sue Barker, James Corden and Gary Lineker? Gary Lineker has just married Danielle Bux, so I can't imagine he'd want to leave her for a civil partnership with me. But he's a hero of mine, so I'd shaq him if I had to - just to meet him. Sue Barker, I'd marry. Which leaves me pushing James Cordon off a cliff, which is sad as I've got nothing against him.

ITV4 on Saturdays at 10.35pm. Mark is touring the UK – details at markwatsonthecomedian.com "Oh God, I think I left the iron on gravestones. I'm prepared to sell



### EXPLODING ONTO BLU-RAY" FOR THE FIRST TIME



OUT NOV AT

hmycom



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Titles and prices subject to availability whilst stocks last. Prices may vary online.



# Bonkers Belgian SUPErcar The Gillet Vertigo. 5 Spirit is off its face on speed!

- The brainchild of Belgian former racing driver Tony Gillet, this is the updated version of his Vertigo.5 – the Spirit.
- The Spirit uses a 4.2-litre V8 from a Maserati GranTurismo, that develops 420bhp.
- The Vertigo.5 can go from 0-62mph in less than three seconds and achieves a top speed over 200mph!
- With a Nomex/carbon fibre honeycomb bodyshell that weighs only 59kg, the Spirit tips the scales at just 950kg.
- Attached to the bodyshell is a double (superimposed) wishbone suspension setup, with push-rod shock absorbers and springs.
- Custom-made ventilated AP Racing four-piston brakes (330mm up front, 300mm
- at the rear) sit in each corner behind 19in wheels and 225/275 ZR-rated tyres.
- Gillet cars are strictly made to order and can be fully customised. There's no official price, but the old model was £165,000 a pop.



# Rubbish calendars!

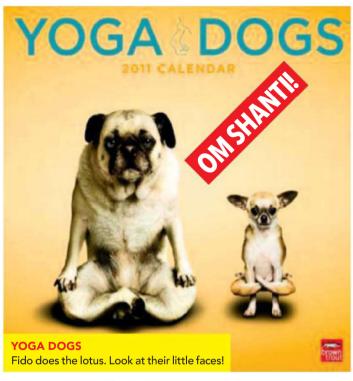
### All of them genuinely for sale!

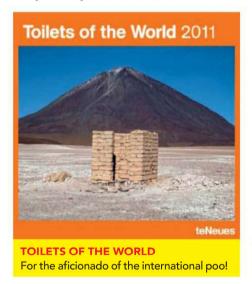
e devote a lot of space in *Nuts* every autumn to the papery delights of our lovely ladies' calendar output. And while trees gladly offer a branch or two in sacrifice for that content, not all calendars are created equal.

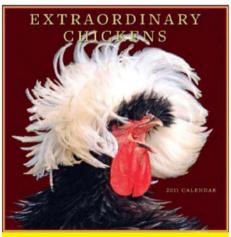
Indeed, judging by this rather daft collection of 2011 calendars, big-boobed lovelies aren't everyone's cup of tea. In fact, some people's cup of tea is, quite literally, a cup of tea!

With that in mind, you might want to make your colleagues aware of the fact that you'd much rather have a busty lady to gaze at all year round, rather than a goat in a tree – just in case they draw your name for this year's office secret Santa!

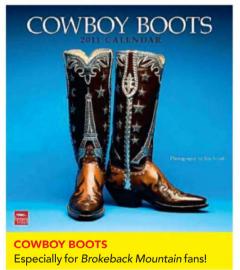
Get the lot at www.amazon.co.uk

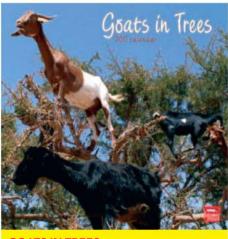




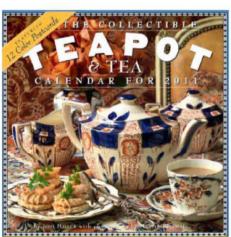


**EXTRAORDINARY CHICKENS**"Ordinary Chickens" didn't sell last year!

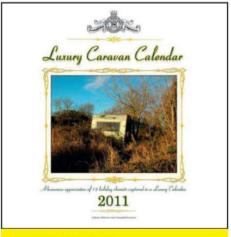




**GOATS IN TREES**Because goats in bushes would be silly!



**TEAPOT & TEA**An entire year of hot, steamy teapot action!



**LUXURY CARAVAN**Bricks and mortar are so 2010!



## THE Nuts LIP-READER!

When he watches a match, he sees every word! John Cassidy is a real lip-reading expert. And an FA coach!





**ARSENAL VS NEWCASTLE** Emirates, Sun 7 November, 3.19pm Mike Dean discusses Laurent Koscielny's early bath with Bacary Sagna.



MAN CITY VS MAN UNITED Eastlands, Wed 10 November, 8.44pm The England gaffer offers his footy insight to golfer Lee Westwood.

POTTY-MOUTH OF THE



**NEWCASTLE VS BLACKBURN** St James' Park, Wed 10 November,

8.49pm Barton tries to convince the ref he didn't throw a punch.

they have something to f\*\*king think about! Get the f\*\*k in there, f\*\*ker!"

MAN UNITED VS WOLVES Old Trafford, Sat 6 November, 4.22pm The Wolves boss is rather pleased when his side grab an equaliser.

Wish list. Simply cut out the smartphone you'd like for Christmas and leave it under their pillow, slip it in their bag or stick it on the fridge door. After all, if you don't ask...

### Hint. Hint.



### **Subtle** reminder













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### Pretty please.











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**You**Gov

What the world thinks

Rated No. 1 network for mobile internet speed and value.

Mobile internet: All figures, unless otherwise stated, are from YouGov Plc. Total sample size was 4,053 adults, of which 2,160 used smartphones. Three's smartphone mobile internet sample was 128 users. This is the fourth wave of an independent study. Fieldwork was undertaken between 7th September and 9th September 2010. The survey was carried out online. The figures have not been weighted. MVNOs have been excluded. BlackBerry<sup>9</sup>, RIM<sup>9</sup>, Research in Motion<sup>9</sup>, Sure Type<sup>9</sup> and related trademarks, names and logos are the property of Research in Motion Limited and are registered and/or used in the U.S. and countries around the world. Service limitations and terms apply. See instore or Three.co.uk for details



# Glow in the dark Undies game! Find your lady in the dark using glow power!

he world of ladies'
undercrackers is
a hotbed of technology
one-upmanship.
Ignoring the continuous
architectural arms-race

WORDS: RORY BUCKERIDGE PHOTOS: ALAN MCFADEN GIRLS: A: INDIA, B: EMMA F, C: EMMA G, D: LINDSEY

of underslinging, push-up bra innovation, there are also edible undies, invisible undies, rubber undies and emergency undies (see ebbra.com!). Now add glow in the dark undies to the list! Yup, if you have trouble finding your missus in a dark bedroom, worry no more – Aussie smalls specialists LuminoGlow have released a range of luminous underwear.

The news got us thinking: take four jolly *Nuts* girls, a darkened room and... instant quiz!

Go to int.luminoglow.com for all your luminous lingerie needs















Jump in.

Pictures for the stronger stomach!

Send your injuries to dontlook@ipcmedia.com

Dave was regretting his latest piercing

I impaled my leg!
Unfortunate bloke gets wood - in a bad way!

ement is useful for lots of stuff, like building houses and sending snitches to the bottom of the sea. It's definitely not a good idea to mix it with a nasty injury, like Dave Russell from Birmingham!

Gate-fitter Dave tells Nuts, "This happened just last week when I was clearing out the back

of my van. I went to step out the rear but tripped over a bag of powdered cement, forcing me to step into a box of wooden spikes.

"The next thing I knew, the cement fell in the box as well! When I eventually lifted my leq out, I found it was impaled on a 30-centimetre splinter and the blood gushing out was mixing

with the cement and actually setting around my leg!

"I was in hospital for three days having the contaminated flesh removed, and I was left with a 20cm hole, which I'm still waiting to heal over.

"I should make a full recovery but this is the last time I start building a gate in my own leg!"

zoom is working?"

"Are you sure the

Think you can do better? Here's your chance. The best "Don't Look!" picture published in 2010 will win £1,000 in cash!\* Submit your images and contact details to dontlook@ipcmedia.com











### 

Sackloads of silliness from the minds of our readers!

Send your Letters to nutslette



### The gift that keeps on giving

My missus opened a tub of Vanish stain remover and this appealing lump of plastic fell out. It beats the rubbish free gifts I used to get in my cereal when I was younger!

Leon Brooker, St Ippolyts

Yeah, but you can't eat Vanish for breakfast. Trust us, we've tried.

### **Best minibus in** the world, ever!

I spotted this minibus while in Ireland. Now you can have a great night out, and then get taken home in a Muff at the end of it!

Ste Hitchmough, via email "Let a Muff pick you up..." "Take a Muff home..." The advertising slogan possibilities are endless!



# irts now?

### A leer at Leah

Dear Nuts.

At the recent UFC Fan Expo in London I got my picture taken with Nuts girls Leah Francis and Emma Glover. I think I was a bit distracted! Ryan Merritt, via email

Well, Ryan, if nothing else, we know you're not blind.

### **Lucy pinned-up**

Dear Nuts, I thought you might enjoy this painting of Lucy Pinder I created using acrylic paint. I gave her some tattoos and she appears to have just eaten someone...

Owain George, via email Owain, this is simultaneously very good, and yet also one of the weirdest things we've ever seen!



### **Core blimey!**

Dear Nuts.

This is pushing it, if you ask me! Anon, via text

Mmmm... Half-eaten apple... It'll do for lunch, we suppose!



### STEALTH BUMMING "This is my brother Danny at Silverstone. It's amazing what six jugs of Pimm's will get you doing!" Rob Bostridge, Rugby



s@ipcmedia.com or to the address on p70



### Signpost to Paradise

Dear Nuts,

I wonder what kind of things go on down there then!

Martyn, Nottingham

Well, if they need an entire field, and they're all wearing hard hats, we don't really want to know!



### She's Fran-tastic!

Dear Nuts,

Here's me in my fave *Nuts* combo! *Francesca Barnett, via email* 

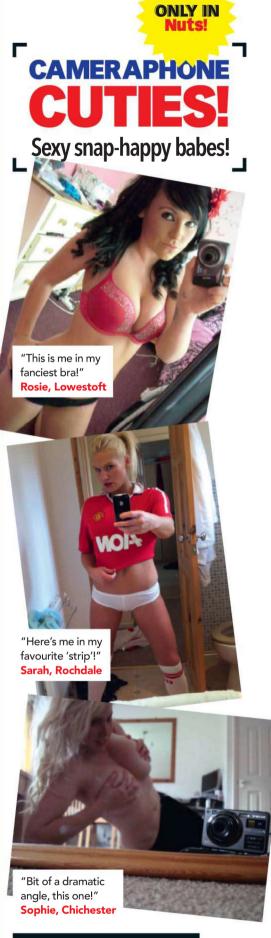
Thanks for that – it's our favourite Nuts combo. too!

See more funny stuff at www.nuts.co.uk/spambank



### Win £100 to spend at PLAY.COM

Send your letters, hilarious spam pictures and camera phone cutie shots to: nutsletters@ipcmedia.com or post them to the address on p70. The sender of the week's best letter\* will win £100 of vouchers to spend at play.com, the UK's favourite online entertainment retailer, with big savings and free delivery on everything. Visit www.play.com for great deals on DVDs, games, CDs, digital downloads, books, electronics and more!



### **Send us your pics!** Text 'Nuts' and your sexy camera-

Text 'Nuts' and your sexy cameraphone pic to **0771 388 8008**\*

EDITOR'S DECISION IS FINAL. TERMS AND CONDITIONS ON PAGE 70 APPLY

Bursting with all the best gags, every week!

Send your jokes to nutsjokes@ipcm

### SHORTJOKES!

Have you ever got halfway through eating a horse and thought, "I'm not as hungry as I thought I was"?

Q: Why did the Mexican throw his wife off a cliff?

A: Tequila
Ian Sparks, Wrexham

You don't have to watch Karl Pilkington if you want to see An Idiot Ábroad. Just go to Tenerife - there are thousands of them!

Q: Why can't bodybuilders play darts? A: They haven't

I was up all night last night. I'd overdosed on the Viagra!

Mike Smart, Cheltenham

Lap times weren't a priority for the new Stig A funnv feelina

- I can't feel a thing!" The paramedic then asks any, I must be paralysed down there, too!"

Stuart Green, Halifax

### Love thy

A young bloke's just moved into a new flat when he spots a sexy young lady coming out of the apartment next door, wearing just a dressing gown. The bloke smiles at her and they stop for a chat. As they're talking, her robe slips open, revealing her breasts.

After a bit, she places her hand on his arm and says, "Quick, let's go to my apartment-Ithink I can hear someone coming!"

So the fella follows the woman next door. where she takes off her dressing gown. Now completely nude, she asks him, "What would you say is my best feature?"

Flustered, he squeaks, "Er. vour ears!"

Timmy's dad is sitting on the edge of the bed putting a condom on when his son walks in. "What are you doing, daddy?" he asks.

Quickly bending forwards to hide his stiffy, his dad replies, "Oh, just looking for this rat I saw."

Timmy says, "Really? What are you gonna do when you find it? F\*\*k it?" Andrew, Cardiff



ALLSTAR TERMS & CONDITIONS ON PAGE 70 APPLY

### Win PS3 & Billy Connolly DVD!

Send jokes to nutsjokes@ipcmedia.com or to the address on page 70. To celebrate, the sender of this week's best joke\* wins a brilliant Billy Connolly DVD and a PS3. Billy Connolly: Live In London 2010 is out on DVD now, courtesy of Universal Pictures (UK).





edia.com or to the address on p70



"My ears?" she replies.
"I don't understand!
My boobs are huge and
shapely, and my bum's
nice and firm. What's so
good about my ears?"

Clearing his throat, the bloke replies, "Outside, you said you thought you heard someone coming – it was me!" Mitch Hall, Birmingham

### Frog princess

An old bloke's playing a round of golf when he slices a shot into the rough. He goes over and starts looking for his ball.

While he's searching, he spots a frog in the long grass. The frog looks up at him and says, "Sir, if you kiss me, I'll transform into a beautiful princess."

The old bloke bends down, looks at the frog, and puts it in his pocket.

The frog says, "Didn't you hear what I just said?"

The old man replies, "Yeah, but at my age, I think I'd rather have a talking frog!"

Andrew, Cardiff

## FAMOUS BLOKES' JOKES'

MICHAEL MCINTYRE:
"I don't trust GPs. They

don't know anything, they just know other

people who can advise you!"



"It's impossible to watch porn in our tiny houses. How can the difference between mute and one bar be so much?"

JASON MANFORD:

"I love the fact that people think old people don't swear. I bet during the war they were stood at the window shouting, "f\*\*king hell!"

TOMMY TIERNAN: "I've just bought a really big car. I don't think it suits me though, because I drove past my reflection in a shop window, and before I knew who it was. I called him an asshole!"

### JIMMY CARR:

**ED BYRNE** 

"My favourite

married is now

thing about being

I don't have to plan

a poxy wedding!"

"Only 47 per cent of children can identify a barn owl. Although that number does rise significantly if the child is in a barn and it's night-time"

**SEANLOCK:** 

"Who looks at the pollen count and thinks, sh\*t, I'd better not go out!"

### RUSSELL HOWARD:

"When I was a kid, I was afraid of dogs, so my parents bought me one to help me get over the fear. I'd better not tell them I'm scared of anal rape!"



**ROXANNE 21, from Cornwall**"There aren't enough redheads in your magazine. Or tractors!"

THE WHEEL!



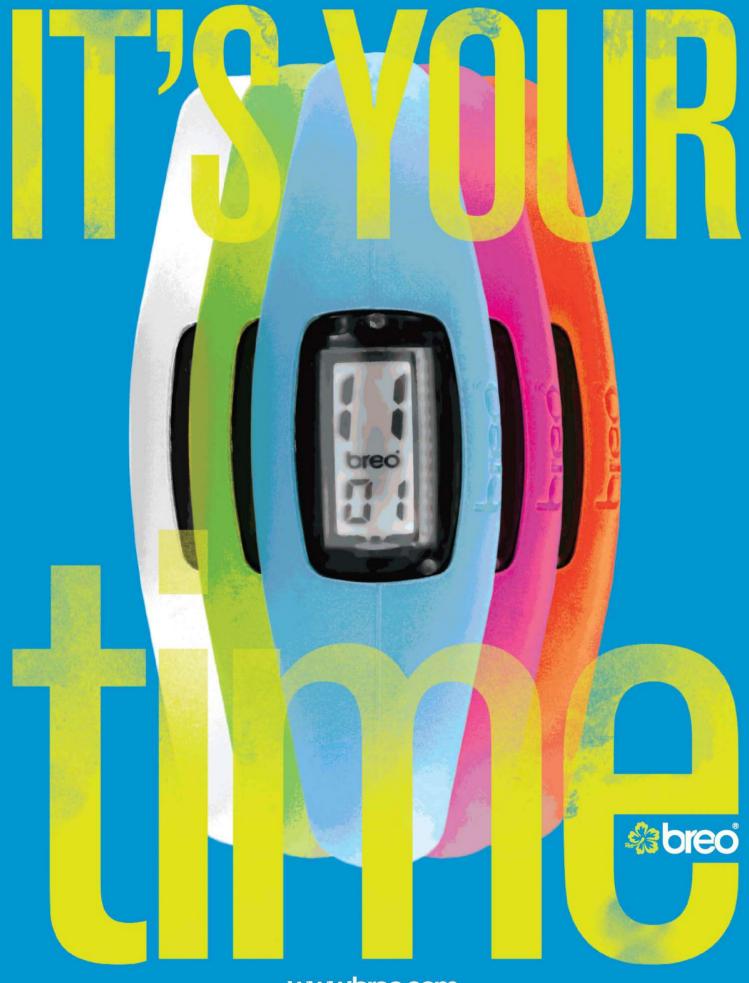
STEPHANIE 23, from Wiltshire
"Me with my i500 on a sunny but cold day up on the hills!"



**BELLE 19, from Blackpool**"Me on the pool table in my local pub!"



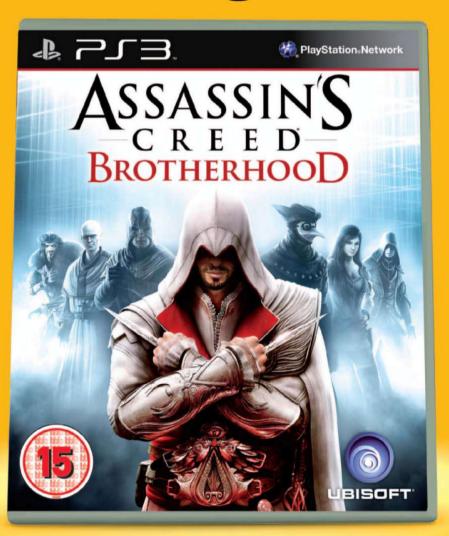
KAS 19, from Manchester and LUCY 27, from Bournemouth "Hooray for our boobies!"



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when you trade in Call Of Duty: Black Ops



offer ends 25 November offer also available on XBOX 360

out 19 November



trade in games for money off anything re/play

### Text 'Nuts' and your picture to 0771 388 8008 (texts are free

Seen something daft? Snap it, send it in and win £100!

but standard network charges apply\*). Pic Of The Week wins £100 cash!\*\* T&Cs on page 70.





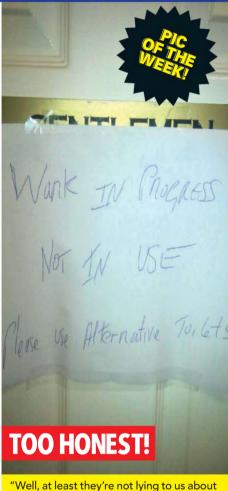
**WHAT A DEAL!** 

O FOR

Op

64p each

Heinz Baked Beans







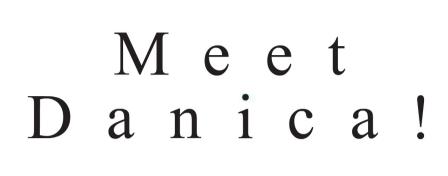
IT'S A MUG'S GAME!





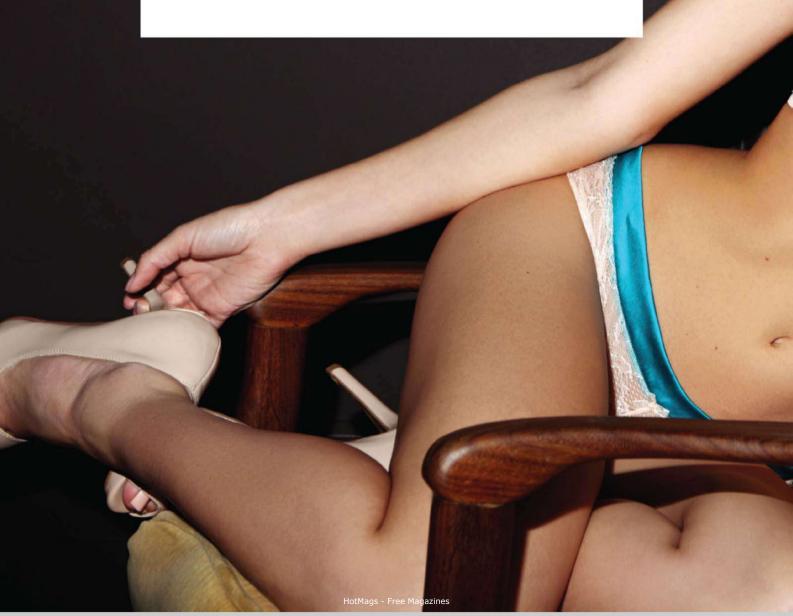
"It's nice that this is considered an everyday essential, isn't it?" Anon, via text





Gents, say a big hello to *Nuts'* latest discovery! by our latest discovery - a 30E diamond from Derbyshire! →

ere at Nuts Towers, we're committed to bringing you the hottest babes, so prepare to be amazed





- Free Magazines

i Danica! Many congratulations on signing for *Nuts*! How

does it feel? It feels great! I'm delighted! I always read Nuts to have a look at all the hot girls! I like to know what it is the guys are looking at, so I normally have a look when I'm doing my shopping in the supermarket! Tell us a bit about yourself. The one thing I love to do in my spare time is horse riding. Nuts should do a photo shoot with me and the horses. That would be great fun! What's your favourite part of your body? I love my boobs but my favourite part is my stomach because I'm quite slim and it's nice and toned! What's more important in a man – good looks or a sense of humour? Sense of humour! How can a man catch your eye? I love my men to be tall, dark and handsome with a hot dress sense. If I was interested in a guy, I'd do everything I could to attract his attention without being too obvious! How do you let a man know you like him? I try to keep eye contact and giggle if we're having a chat. I make it quite obvious so that guys don't think I'm going to just turn around and walk away! Where's the most adventurous  $\frac{4}{20}$ place you've had sex? On top of a hotel in St Tropez! It was quite out in the open, the lift doors opened straight out on to the roof where there was a huge balcony and everything. It was really exciting! What puts you off a bloke? Arrogance - I hate that! I really don't like guys with small hands, either. Also, I don't like guys who wear fake tan or bite their fingernails that's a real turn-off! Are you a good girl or a bad girl? I'm a good girl when I need to be but I've got a naughty streak, which probably comes out a little more often than it should! Thanks, Danica. See you again soon? I hope so! I've really enjoyed this photo shoot so hopefully Nuts readers will be keen to have me back soon! ■

RWIEW: NICK WATKINS PHOTOS: ZOE MCCONNELL. HAIR & MAKE UP: JOHANNA DALEMO STYLING: LISA NICALOU BERIE: SET BY MIMI HOLIDAY & FAIRY GOTH MOTHER (020 7337 0370), HOTPANTS & G-STRING BY HARMONY (020 7734 5969), F BY NEW LOOK (0500 454 094). TO SEE MORE OF DANICA, VISIT HER WEBSITE AT WWW.DANICAOFFICIAL.COM



### **ON SET WITH...**







You've topped a lot of opinion polls recently. One poll we read said you've got the world's best job, beating the likes of President Obama, the Pope and even Father Christmas. This is the best job in the world! It honestly is. It's so good I've only taken one day off all year, and that was to go to the World Cup Final. We didn't know you're a football fan. If you've got a 14-year-old son, trust me, vou become a Chelsea fan, because he lives, breathes, eats, walks and talks only about Chelsea.

### "This is the best job in the world. It honestly is"

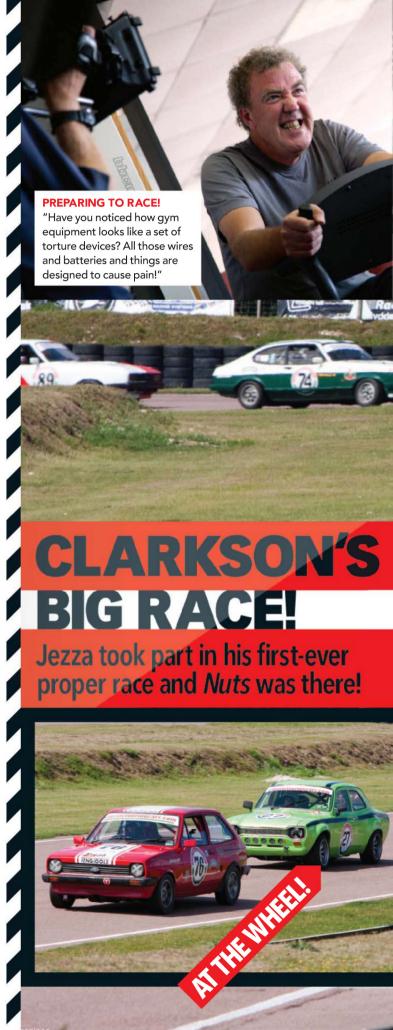
Another poll said you'd make

an ideal fantasy house-sitter, apparently beating the likes of Christine Bleakley, Wayne Rooney and Cheryl Cole.
House-sitter? Not me. I'd break everything. People think Wayne Rooney would be good? Ha! You're also people's dream frontseat passenger, beating Kylie Minogue, Stephen Fry and Angelina Jolie. No way. Just talk to my wife. She'll tell you I'm the world's worst front-seat passenger. I fiddle constantly

with the controls, the radio and the air-conditioning.

You're also people's second choice for Transport Secretary, losing out to Sir Richard Branson, but beating Lord Sugar and Joanna Lumley. You can't have Richard Branson, it's not right! They should give the job to me. Then I would abolish it. Adult human beings are fantastically clever and quite capable of making up their own minds about all sorts of things. For example, whether to use the telephone, or how fast to drive. You don't need a government department costing millions of pounds to tell sentient beings what to do.

Blimey! Finally, four thousand ladies who were polled for an internet dating site think you have the largest manhood in show business at ten-and-aquarter inches, beating Gordon Ramsay at nine-and-a-half inches, Daniel Craig at nine inches, and Simon Cowell at eight-and-a-half inches. Having never showered with those people, I'm unaware as to how one would stack up. So, what are you saying here, Jezza? Could you confidentially stroll into the shower knowing that Ramsay, Craig and Cowell were waiting and hold your head up high? No, I couldn't!■











GENTS

Fair play to the Egyptians.
If we were walking around with
a winkie down to our knees, we
wouldn't wear trousers either!











### **LUCY PINDER**

What's been the best holiday you've ever had? I love holidays in Cornwall, I think they're really fun. When you go abroad, it's lovely, but all I really do is lie around in the sun and eat a lot. Whereas at least if you go somewhere in England, you sniff out some history and do stuff. If we were going to cook you a romantic dinner what should we serve? Oh, I'm really not fussy. I love so much food. You can't go wrong with Italian. I like French

food as well. I'm an easy date to impress as far as nosh goes! What foods do you think are best in the bedroom? I know I sound like a real party-pooper but food should just stay in the kitchen – it's just too messy! I think they're two things that don't need to mix. I don't get turned on by being sticky! What kind of things do you find sexy then? I think it's fun to add bits and bobs to your sex life but I think generally that it's just

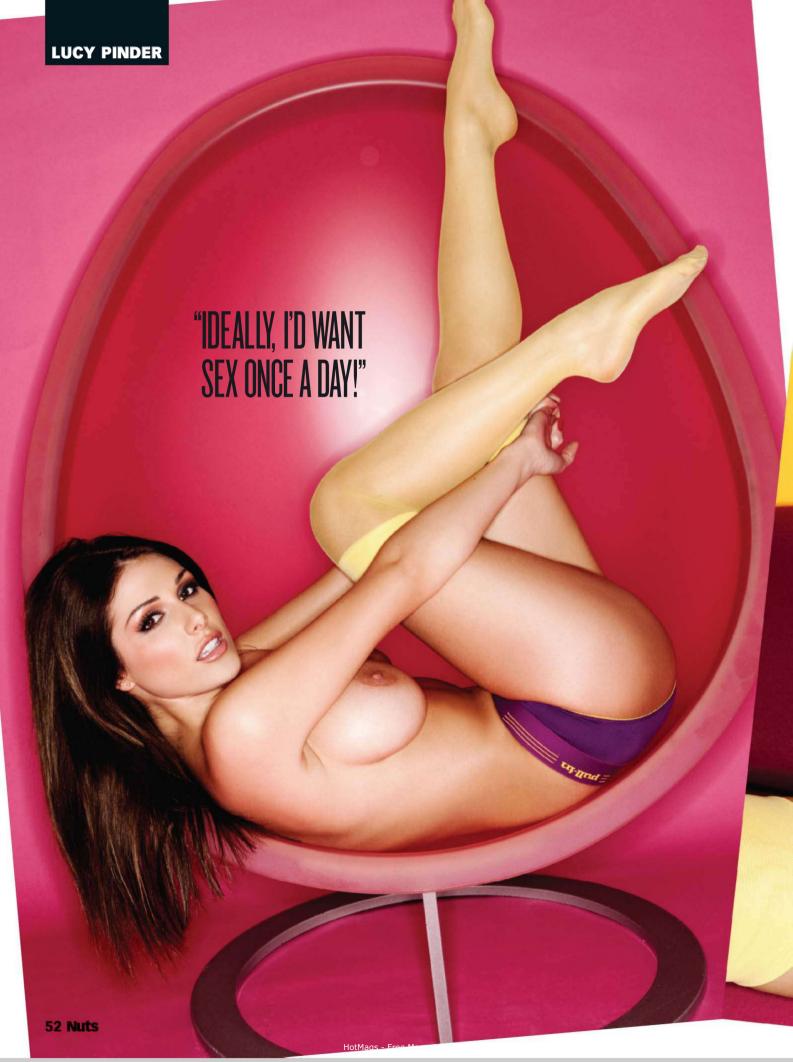
really important that you absolutely fancy the pants off someone and you want to have sex with them all the time! That's pretty high up on the list of things of what makes a happy relationship... that you just want to have sex all the time!

What's your favourite kind of sweet? Well, we got a whole tub of sweets for Halloween and we didn't get a single trickor-treater! I dressed up and nobody came round!

Have you thought about getting any more tattoos? I haven't, because I think it's a little bit addictive. I went through a stage of thinking that I wanted a really big one on my back, but I didn't do it. I think my rule with tattoos is that it either looks good if you've got a couple of small ones, or you're a Kat Von D [from TV show LA Ink] type and you're literally covered. I'm not really interested in having sporadic tattoos here and there. ➡









# Nuts SPORT

**SETTLING LOCAL DISPUTES, EVERY WEEK!** 

# Arsenal Vs. Spurs special.

♦ Invested

With legendary pundit Andy Gray!

he North London derby is always a cracker, with both teams desperate for bragging rights as well as the three points! *Nuts* caught up with Andy Gray for his expert opinion on the big game.

Andy Gray is searching for the Betfair Penalty Champions, Help fans take pens at Old Trafford – betfairpenaltychampions.com

## Andy on the North London rivals!

### **ARSENAL**

"Had they beaten Newcastle and West Brom at home, they'd be top of the league – that's how close they are to getting it right. They can beat any team if they're on top form and I think this side is getting stronger all the time. They've a host of talent to choose from, which means they could go close again to winning the league."

### **SPURS**

"Disappointing at Bolton, they were fantastic against Inter, so we know they can beat the big sides. They've had problems scoring, though. Peter Crouch is struggling with league goals, Jermain Defoe has been injured and Rafael van der Vaart's their top scorer in the league, so they aren't getting enough goals for a top team."

"What was that you said about my hairband?

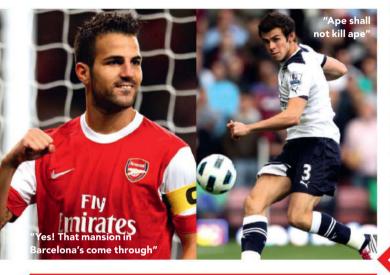
### Andy's key men!

### **CESC FABREGAS**

"If Spurs can stop Fabregas from influencing the game, that will help immensely. Newcastle did that when they won at the Emirates recently. They restricted his space in midfield so he couldn't work the ball, but it's a big job for Spurs to keep him quiet."

### **GARETH BALE**

"It'll be very interesting to see how Arsene Wenger sets up to deal with Gareth Bale. Theo Walcott doesn't get back much, which would leave Bacary Sagna exposed, which in turn could cause a problem. Eboue is also an option on the right side, though."



### Andy on the gaffers!

### ARSENE WENGER

"He doesn't think negatively, so it might be a case of letting Spurs worry about his team rather than the other way round. He may well pick his best team and tell them to just keep the ball. Arsene's got a good record against Spurs."

### **HARRY REDKNAPP**

"Harry will play his strongest side, with Van der Vaart just off the striker and Bale attacking the left side. Harry will have to decide if he puts two 'spoilers' in midfield and sacrifice Luka Modric. Despite injuries, the back four's still pretty good."



### **Andy on the keepers!**

### **LUKASZ FABIANSKI**

"He's done OK in previous games apart from an error of judgment against Newcastle, which did cost them. It's an area that's still under some doubt and Arsene will probably look to strengthen in January."

### **HEURELHO GOMES**

"In the past there's been a lot of criticism, but I think Gomes has done well this season. I'd be surprised if Harry is worried about him at the moment and I doubt they'll be looking for a new keeper in January."



### Andy on the key area!

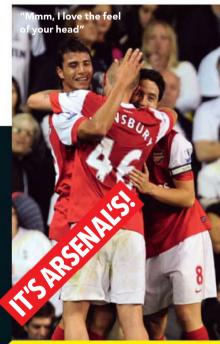
### WHERE IT'LL BE WON

"It's usually the midfield battle that decides these games. If Arsenal are allowed to dominate the ball in that area, they'll create chances and win matches. Harry has got to be sure that his side can keep the ball here and use it well."

# Andy's prediction!

### **ARSENAL 2-1 TOTTENHAM**

"In big games, it's very rare that the home team loses. One of the criticisms of Arsenal last year was that they didn't have the option to get it up front. With Chamakh, Arsenal do now cross the ball more, which isn't a bad thing. They also get the ball in the box a lot – and that near-guarantees goals."



### **Arsenal vs Spurs**

Wednesday, 8pm, Sky Sports 2/HD



hat a fantastic job Chris Hughton has done at Newcastle United over the last 18 months. But does he get the credit for it? No, he doesn't.

The simple fact is that he's not a big enough name to satisfy some of the Geordie fans, despite the way he took them straight

The Newcastle squad are fully behind him" back to the Premier League last year, and the brilliant form his team have showed in starting this campaign – sitting pretty in the top half of the table when hardly anyone outside Tyneside gave them a chance in August.

You can tell that the squad of players he has at St James' Park are fully behind him, yet the owners have embarrassingly stalled on giving him a long-term contract, presumably hoping a bigger, more fashionable name will come along and show an interest in the role, leaving Chris

having done all the hard work but getting none of the credit.

Throughout the whole sorry saga, Chris has conducted himself with the utmost dignity, getting on with the job in hand, bagging results like the superb away victory at Arsenal recently, and refusing to comment on the scandalous rumours that he could be given the sack.

If he was to be sent on his way, it would be one of the most shocking decisions of all time – the man has done nothing but good for his football club.

I think a lot of the fans can see that now, and are happy with him running their beloved team.

One man in the news is Andy Carroll, and I'm sure Chris has had him in the office a few times this season! But after his goal at the Emirates, it was Hughton that Carroll ran to embrace, showing the unity that the man has brought to the club. I just hope that the owners recognise Hughton's huge contribution so he can get on with the task of restoring Newcastle's reputation over the next few years.





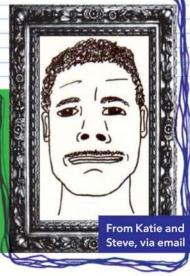
out what's going on?



"Nice work! Keep your drawings coming in, Nuts readers!"

## Kammy needs you!

Send Kammy your jokes, pics etc to kammy@ipcmedia.com. The sender of the best one each week will win a signed Nuts T-shirt!









Sky Sports' Paul Merson on the teams likely to face the drop!

t's been a bit of a weird old season so far, hasn't it? With Newcastle, Bolton and West Brom all sitting pretty in the top half of the Premier League table, we thought we'd ask a proper football expert who he thinks will actually go down at the end of the season, and who'll

still be playing top-flight football in 12 months time.

Step forward former England star, Premier League legend and Sky Sports sensation Paul Merson. So who's going down and who's staying up? Over to you, Mystic Merse!



### **Birmingham**

"They just don't score enough goals. They won a lot of games 1-0 last season, but that can't continue forever. They work hard and they've got a good manager, but they need more firepower to avoid a dogfight at the bottom."

MERSE'S VERDICT: BOTTOM SIX!



### **Sunderland**

"Too much responsibility rests on striker Darren Bent's shoulders. If he doesn't score, no one else looks likely to. To be fair, Asamoah Gyan has scored a few lately, so maybe Steve Bruce needs to give him more of a run in the team."

MERSE'S VERDICT: BOTTOM SIX!



### **Blackpool**

"Ian Holloway's men have played some great stuff and done well, but I still fear for them. There just isn't the quality in depth to keep them in this league. I hope I'm wrong because Ian Holloway has worked wonders at the club!"

MERSE'S VERDICT: RELEGATED!

IOTOS: GETTY, BACKPA





# SURROUNDED! "Stay still and I'll win this game of hide and seek!" "Ha-ha! Die, nits, die!"

FRIENDLY!

### **Nuts SPORT**

### MAN-LYVE CORNER!





HAIR SPRAY!



## **QUOTE ME ON THAT!'**

This week's biggest match debaters!

"Man City
have got 28
wingers. On each
side of the pitch"
Paul Merson on the world's
most overcrowded pitch.

"I've spoken to Sam Allardyce a million times and he doesn't exaggerate" Unlike you, Kammy! "I gave Bale four days off and told him to go abroad. He did. He went to Cardiff"

Harry Redknapp on his geographically challenged star.



"If Swann gets 25 wickets, he'll be walking around like Hasselhoff"

Shane Warne sees Swanny with bad hair and a float.



"If the ref told me to go away, I wouldn't have argued with him. But I wasn't arguing"

Make your mind up Manchester United defender, Rio Ferdinand.

"If I feel down, I have a peek in the mirror and I look amazing"

"Sir Alex Ferguson and Jose Mourinho are different and similar"

How exactly does that work, Ronaldo?



Riquelme is unlike any other player.

He's like a chick with three t\*ts"

### **'00-ER SOUNDS A BIT RUDE' CORNER!**

"We've had a few knockers and there's more to come"
Joey Barton on fun to come.

"Green's problem is coming amongst players"
Phil Thompson on the West Ham keeper.

"One guy was playing with something in his trousers"



"Roy Hodgson is talking about flips and flops" Is that a kind of poolside footwear, Rafa Benitez?

"Gareth Bale put a chance over the bar. He's rubbish, he really is" Scott Minto isn't a fan.





We poured this advice into a *Nuts* man's head and sent him online to try to win!

### Deal or No Deal top tips!

eal or No Deal is a game enjoyed just by those who believe in a "system", right? Well, the TV game show might be, but the multi-line slot isn't!

For as little as 5p a go, you can win big – and if you're willing to play on all lines, you could win a progressive jackpot. In fact, one winner walked off with £1.96m!

And best of all? You can win big money in the comfort of your own home!

### HOW TO PLAY

- The aim is to get winning symbol combinations from a spin of the reels, with the ultimate aim being to win the progressive jackpot.
- You can gamble up to 20p on each of the 20 pay lines. That's up to 20 chances to win on each play!
- The progressive jackpot can only be won on the Deal or No Deal bonus game, but there are also two other fun bonus games called Banker's Offer and Mystery Box Bonus, where you can win cash.

### THE NUMBER LINES

It's all self-explanatory – click the number beside the reels, or the "Bet One" or "Bet Max" button. Choose Bet Max for the chance to play the bonus game and win the biggest jackpots!

### DEAL OR NO DEAL BONUS GAME

If you're betting on all 20 pay lines and you get three Deal or No Deal bonus symbols on any pay line, the bonus game begins. This is much like the Deal Or No Deal TV show, only the big progressive jackpot is at stake here. Don't be too greedy or, like us, you could end up with £8 instead of £100!

### He won big!

David R won £58,236 on Deal or No Deal!\*\*

"I'm so shocked, I took the day off work. It's so hard to believe this is all real!"



GET UP TO £200 FREE PLAY\* ON DEAL OR NO DEAL SIGN UP TODAY AND ENTER PROMO CODE NUTSA46

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# **BEDROOM BABES!**

Vote for your favourite - and she'll star in Nuts!

Vote for your favourite at www.nuts.co.uk/girls

Ladies, send us your pictures! Send your photos to Real Girls UK, Nuts, 4th Floor, IPC Inspire, the Blue Fin Building, 110 Southwark Street, London SE1 0SU. Or email nutsgirls@ipcmedia.com. You must be at least 18 years old.

ONLY IN

# Ana 23, Exeter, dental nurse "Men should always smell sexy - there's nothing better than a fit man who smells good!" Kay 23, Birmingham, promotions "To give a man a night to remember, I'd introduce him to my selection of sex toys!"

### Grace

**21, Brighton, receptionist** "My best features are my boobs because they're just the right size for my body!"

### Toni-Leigh

18, Bristol, receptionist "I've got a slim figure and a Beyoncé bum, plus a good personality to go with it!"

### Vote now to see more of your favourite girl!

The winner gets her own Bedroom Babes shoot in a future issue of Nuts! Choose the girl you think is the hottest, go to www.nuts.co.uk/girls, click on the "Bedroom Babes" bit and vote for her. It's as simple as that!

# REAL GIRLS, REAL PLACES!

Ladies, would you like Nuts to hang out with you for the day? Email a photo and a bit of info about yourself to nutsgirls@ipcmedia.com or write to Real Girls UK at the address on page 70. You must be at least 18 years old.

THIS WEEK:

Name: Nikki Age: 24

Boobs: 34C. "I'm happy!" Likes: "Bad boys!"

Ever kissed a girl?
"Only to make all the

boys stare!"

Strangest place you've had sex: "In a hotel swimming pool!"
Sex tip: "Be gentle!"

Sutton

# Nikki's naughty tour of Sutton!

Surrey stunner shows *Nuts* her knicker collection!

# HELLO!

### Nikki on... her home!

"We're just south of London, so I can go into town and party whenever I like. But it's green and quiet, too, so I can chill out – the best of both worlds!"

### Nikki on... sleeping in!

"I don't usually get up before noon and get cross if I have to answer the door before then – unless *Nuts* has come to visit! I'm very cuddly in bed though." Nikki on... her neighbours!

"I like to walk around my flat topless, so I've had to put blinds up. On holiday, I wear as little as possible – I don't care who sees me then!"



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BACK ISSUES For all Nuts back issues, call John Denton Services on 01733 385170, fax 01733 239356



'Three girls jumped on me'

I got a job in a strip club a few years ago to pay my way through Uni. I loved it! The girls were really friendly and we'd often spend our nights off round each other's houses. One of the girls had just done a massage course and wanted guinea pigs to practise on, so I stripped naked and climbed onto her table, and she covered me with oil. It felt amazing but I soon became aware of an extra pair of hands tracing around my bum and then between my legs. I clenched at first but as I relaxed, I became aroused. I turned over and one girl started licking my nipples. She then straddled my face and hearing her moans of delight made me grind on the other girl until I came. Apparently, it's a test they give new girls - I passed!

Morgan, Swansea

### 'He tore my dress open'

My best mate and I went to a uniform party at our local nightclub. We went as sexy policewomen, wearing police hats, tight black knickers and fishnets. We got loads of attention but our favourite guys were dressed as sexy sailors. One was particularly my type - dark, curly hair and brown, moody eyes. After a night of flirting and dirty dancing, I invited him back to

mine for a drink. I'd just poured us a glass of wine when he appeared in the kitchen and started kissing me. I've always liked it a bit rough and I told him so. He tore open my dress and started nibbling my neck and breasts, giving me playful slaps on my bum. We raced upstairs and he stripped me down to my black French knickers. After some hot and heavy foreplay, he took me from what seemed like every position until the early hours of the morning. I was totally exhausted in the morning and had a few tell-tale bite marks on my skin, but it was well worth it!

Coral, by email

### 'I had a play in hospital'

I work as a nurse for a private hospital. It's very grand and an extremely professional place. Once during a night-shift, I was on my rounds and I found a naughty magazine under a bed in one of the rooms. I wasn't sure what to do with it so I took it back to the nurse's station with me. I couldn't resist having a look and to my surprise, I became really horny. I got more and more aroused and knowing I was alone, decided to have a cheeky play. I hitched up the skirt of my uniform and spread my legs wide. I stroked myself through the thin fabric of my lace knickers and felt the warmth rush through my body. Pushing my fingers inside myself, I found my G-spot and expertly rubbed it slowly and

steadily. I carried on for a few minutes until I came hard. Once I came to my senses, I rushed off to the bathroom to tidy up and scrub myself clean.

Karen, Epping

### 'I pleasured him on a train

My boyfriend and I went to Paris for a weekend recently and took the super-early Eurostar from London. We were really excited about our break and giggled like schoolkids on a field trip. Our carriage was pretty empty and those who were near us were fast asleep. I suddenly felt a little bit cheeky, so I reached over and, to his surprise, grabbed my boyfriend's groin. I rubbed him up and down and he got very hard under my fingers. I slowly unzipped his jeans and his package bulged out from his pant buttons. I pulled it out and started working on the shaft, trying to be as quiet as possible. He loved the thrill of it and he tried his best not to gasp out loud. I worked faster and faster, licking my lips while I whispered dirty things in his ear. After a minute or two, he came all over my hand, just moments before the food cart appeared!

Lara, Brighton

### Win £50!

Ladies, send your raunchiest confessions to louise prior@ ipcmedia.com or to the address on page 70. The best one each week\* wins £50! Come on, girls!

# Nuts FASHION

The smart-casual staple takes a walk on the smart side!

# 10 classic polo shirts!



### 1 WEEKEND OFFENDER £50

This polo is a favourite with us for its all-over bird print.

### 2 LACOSTE £65

When you think of polo shirts, you think of Lacoste, right?

### 3 ORIGINAL PENGUIN £55

We're partial to a bit of Penguin – they do loads of top polos.

### 4 ENERGIE £50

This polo is perfect with a couple of pints at the pub quiz.

### 5 ASOS £16

We've got an online bargain here from the brilliant ASOS.

### 6 UMBRO £35

It seems Umbro do polo shirts as well as they do footy kits.

### 7 POLO JEANS £65

The best brand for a quality polo shirt – it's in the name!

### 8 LEVI'S £35

A classic bit of shirting from the masters of denim.

### 9 DUFFER OF ST GEORGE £25

Brighten up your T-shirt drawer with this pink number.

### 10 TOPMAN £20

You can't go wrong with this cheap-as-chips stripy number.



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# 5 SMART SHAMPOOS

#### NIVEA FOR MEN 2-IN-1 BODY & HAIR £1.79

Great for slinging in your gym bag, this'll wash your hair and cleanse your body.

Stockists:
nationwide



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This shampoo will strip any heavy product from your grossed-out hair. **Stockists:** Boots/ www.kmiclub.com

# KORRES MAGNESIUM & WHEAT SHAMPOO £9

The posh one, this stuff is meant to help hair loss and strengthen hair.

Stocksits: mankind.co.uk



# MASH RESIT

#### WASH & GO FRESH £1.99

Shampoo and conditioner all in one, this flavour has a menthol kick to make your head tingle. **Stockists:** 



#### HEAD & SHOULDERS CLASSIC £2.39

The staple shampoo in every bathroom – keeps the flaky stuff well at bay. Stockists: nationwide





## NEED FOR SPEED: HOT PURSUIT ALLFORMATS



Need For Speed is given to the chaps who do Burnout, and the result is a return-to-form, arcadey revelation. The handling is perfect, it's cops vs robbers cat and mouse, and the cars on show would make Clarkson eat his own hair. Then come up with a really convoluted metaphor involving bears about how good it is. We'll just slap on five stars.



#### ASSASSIN'S CREED: BROTHERHOOD PC, PS3, XBOX 360



Our silent killer now hits Rome to continue the excellent series, this time with a band of chums to aid in his missions. \*\*\*\*



EA SPORTS ACTIVE 2



Second instalment of the fitness whiz that'll have you huffing and puffing

like Peter Griffin, sorting out your gut. It's hardly a game, but it's a fine alternative to jogging. \*\*\*\*

# APPS!



FONEJACKER IPHONE, ITOUCH, IPA



Behind-the-scenes material from the ace show, as well as brill soundboards of the

best characters – great for making prank calls to mates! ★★★★

#### HIPSTAMATIC IPHONE 4, IPOD TOUCH (4TH GEN)



A top app to show off to your mates, this uses old-style lenses, film and flash settings

to give photos a well-worn retro quality. Superb! \*\*\*\*

# DVDS/BLU-RAY!



# AVATAR: EXTENDED COLLECTOR'S EDITION CERT 12 BLU-RAY



The most successful film of all time gets the ultimate Blu-ray release. There's an extended-length cut that's a whole 16 minutes longer, plus documentaries, behind-thescenes featurettes, artwork and over 45 minutes of deleted scenes in a package that features over eight hours of never-before-seen material. Not as good without the 3D effects but still brill! \*\*\*\*

#### AN IDIOT ABROAD CERT 15 DVD & BLU-RAY



Ricky Gervais' pal visits the Seven Wonders of the World and is unimpressed at almost every turn. Amazing! \*\*\*\*

#### FRANKIE BOYLE: IF I COULD



The angry Scottish comic brings his cutting wit to the stage with a side-splitting stand-up gig. Not for your parents! \*\*\*\*

# RHOD GILBERT AND THE CAT THAT LOOKED... CERT 15 DVD



Prepare to laugh yourself silly as Gilbert lets things like Hoovers and washing machines wind him up in a big way. \*\*\*\*

## **MUSIC!**



TAKE THAT PROGRESS



Is it safe to like Take That now? We think so – they're mature now, a bit weird and experimental,

Robbie's back, and they're not rubbish. Boys, you're OK! \*\*\*

### RIHANNA



The princess of the saucy video (Lady Gaga's the queen) drops her fifth album, featuring

guest drops from the likes of Drake and Eminem. Decent. ★★★

wand (not that one!) one last time,

anything in sight! ★★★★



Hang on, we just did! Eek! ★★★





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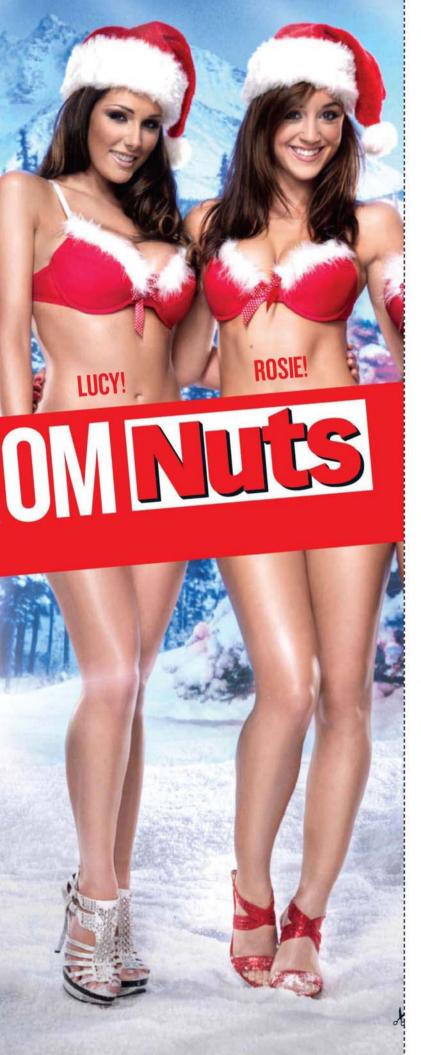
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# Nuts

Seven days of brilliant telly for blokes!



# BBC

6.00am Breakfast 9.15 Rewind the 60s 10.00 Homes Under the Hammer 11.00 Cowboy Trap (R) 11.45 To Buy or Not to Buy 12.15pm Bargain Hunt 1.00 BBC News, Weather 1.30 Regional News, Weather 1.45 Doctors 2.15 The Indian Doctor 3.00 BBC News, Weather, Regional News 3.05 CBBC 5.15 Weakest Link (R) 6.00 BBC News, Weather 6.30 Regional News Programmes, Weather

# BBC

6.00am CBeebies 7.00 CBBC 8.30 CBeebies 11.30 Animal Park: Wild in Africa: Survival techniques. (R) 12.00noon Daily Politics 12.30pm GMT with George Alagiah 1.00 Due South (R) 1.45 Car Booty (R) 2.15 Ben Fogle's Escape in Time (R) 3.00 Murder, She Wrote (R) 3.45 Flog It! (R) 4.30 Pointless 5.15 The Hairy Bikers' Cook Off 6.00 Eggheads 6.30 Strictly Come Dancing - It Takes Two

5.30am ITV News 6.00 Daybreak 8.30 Lorraine 9.25 The Jeremy Kyle Show (R) 10.30 This Morning: With Eddie Izzard. 12.30pm Loose Women 1.30 ITV News, Weather 1.55 Regional News, Weather 2.00 Dinner Date 3.00 Dickinson's Real Deal 4.00 Midsomer Murders (R) 5.00 The Alan Titchmarsh Show 6.00 Regional News, Weather 6.30 ITV News

#### 7.00 Children in Need 2010

Another year, another chance to watch live coverage of some random sat in a bathtub of beans wearing nothing but a pair of wellies and some goggles. But, heyit's all for charity, so who's complaining? Stuff worth looking out for includes a performance by The X Factor hottie Cheryl Cole at 7pm and a sneak peek at the Doctor Who Christmas Special at 8.30pm. Fearne Cotton helps host it all, too, which is good. Do yourself a favour and avoid Westlife at 7.30pm, though.

10.00 BBC News, Weather

#### 10.35 Children in Need 2010

More bucket-rattling fun, this time including indie act the Script performing at the Odyssey Arena in Belfast at 11pm.

2.05-6.00am BBC News

#### 7.00 International **Rugby Union**

LIVE Eggball fun with the autumn international between Wales and Fiji in Cardiff, kick-off 7.30pm.

#### 9.30 Harry & Paul

A compilation from the second series, featuring a visit to an island populated with Jeremy Clarksons. Hilarious!

#### 10.00 Mastermind Children in Need Special

Four celebrities attempt to get their heads round tricky subjects.

10.35 Newsnight

#### 11.05 The Review Show

A look at the general release of Harry Potter And The Deathly Hallows: Part One.

#### 11.50 The National **Lottery Draws**

Ball-rolling hosted by OJ Borg.

#### 12.00m't Later with Jools Holland

With Arcade Fire.

#### 7.00 Emmerdale

More bitter-swigging antics from doddery old blokes wearing big jumpers and even bigger moustaches.

#### 7.30 Coronation Street

Manc-based misery.

#### 8.00 Cheetah Kingdom

Tongs struggles to make a kill, leading to concerns she's just a big wuss.

#### 8.30 Coronation Street 9.00 I'm a Celebrity Get Me Out of Here!

The possibility of seeing the likes of Lembit Opik being forced to scarf down loads of bugs? We're not missing this!

#### 10.00 ITV News, Weather

#### 10.35 Tango & Cash

Action thriller starring
Sylvester Stallone and Kurt

Russell as rival LA cops forced to overcome their differences when they are framed and sent to prison. D'oh!

12.30am The Zone

1.00-2.25am The Spiral Staircase: Classic chiller starring Dorothy McGuire.

2.30am The Three Musketeers: Tongue-in-cheek version of Dumas' classic adventure novel, starring Michael York. 4.20-5.30am ITV Nightscreen

BBC2 SCOTLAND: 7.00pm Landward 7.30pm LIVE International Rugby Union: Wales vs Fiji at the Millennium Stadium, kick-off 7.30pm. BBC2 NORTHERN IRELAND: 9.30pm SKETCHY with Diarmuid Corr BBC2 WALES: 9.30pm Sport Wales STV: 8.00pm Postcode Challenge 10.30

SPORT STV Sports Centre: Friday Night Football: Including a preview of the weekend's football. 11.05 STV News, Weather 11.10 Swingtown 12.05am Brain Box 1.00 The Rockford Files 2.00-5.30am The Nightshift ULSTER: 10.35pm Swingtown 11.30 Grimefighters 12.00m't Brain Box

#### TODAY'S SPORT

7.30am Premier League World (HD)

8.00 The Rugby Club (HD) 9.00 Time of Our Lives (HD)

10.00 Cricket (HD) 12.00noon Ringside (HD)

2.00 Cricket (HD)

4.00 The Rugby Club (HD) 5.00 Premier League World (HD)

5.30 Football League Weekend (HD)
6.30 Premier League Preview: A look

ahead to the weekend's matches, including Arsenal vs Spurs, Birmingham vs Chelsea, Liverpool vs West Ham and Fulham vs Man City. Cool! (HD)

7.00 Sky Sports News at Seven (HD) 7.30 Rugby Union: Leicester Tigers vs

Harlequins, kick-off 7.45pm. (HD) 10.00 Take It Like a Fan

10.30 Premier League Preview (HD) 11.00-7.30am Cricket: Australia 'A' vs England at the Bellerive Oval. (HD)

#### sky SPORTS 2

6.00am Good Morning Sports Fans (HD)

9.00 Ringside

11.00 WWE Special

12.00noon Golf (HD)

4.00pm Race World

5.00 Transworld Sport 6.00 Golf: The second day of the Hong Kong Open in Fanling. (HD)
7.30 Total: Kids' football with the

Victory Shield match between Northern Ireland and Wales, kick-off 7.35pm. (HD)

9.30 WWE: Late Night - Smackdown: Over-the-top wrestling action. (HD)

11.30 WWE: Late Night - Bottom Line: Highlights of Raw. (HD)

12.30am Football (HD)

2.30 Take It Like a Fan

3.00 Football League Weekend (HD) 4.00 World Sport

4.30 Tight Lines

5.30-6.00am World Sport

#### ON DIGITAL, SATE

#### FILM4 (315)

7.15pm Stormbreaker: Spy adventure. 9.00 Hush: British thriller starring William Ash. 10.45 Adrift: Thriller starring Susan May Pratt. 12.30am King of the Hill 2.15-4.00am Domestic Disturbance

#### COMEDY CENTRAL (126)

6.00pm Two and a Half Men 7.30 Mike & Molly 8.00 Two and a Half Men 9.00 Lee Evans Live from the West End 10.30 South Park 11.30 Bad Boys II. Action comedy thriller starring Martin Lawrence. 2.15am Comedy Central at the Comedy Store 2.45 South Park 3.45 Two and a



7.00pm Total Italian Football 7.30 Goal! 8.00 Kicks 8.15

Cricket World 8.45 NBA 9.15 Kicks 9.30 Premier League Preview 10.00 UFC Unleashed 11.00 Poker 12.00m't NHL Ice Hockey 2.30-5.00am NBA

6.10am Sali Mali (R) 6.15 The Treacle People (R) 6.30 Planet Cook (R) 6.50 Yo Gabba Gabba (R) 7.15 Freshly Squeezed 7.40 Everybody Loves Raymond (R) 8.40 Frasier (R) 9.10 According to Jim (R) 9.40 Cook Yourself Thin (R) 10.10 One Tree Hill (R) 11.05 Smallville 12.00noon Channel 4 News Summary 12.05pm Atlantic (R) 12.10 River Cottage Bites 12.20 TIM The Bridge on the River Kwai 3.25 Countdown 4.10 Deal or No Deal 5.00 Come Dine with Me 5.30 Celebrity Coach Trip 6.00 The Simpsons (R) 6.30 Hollyoaks

6.00am Milkshake! 9.15 The Wright Stuff 10.45 Trisha Goddard (R) 11.45 House Doctor(R) 12.10pm House Doctor(R) 12.40 Five News 12.45 Emergency Bikers (R) 1.45 Neighbours 2.15 Home and Away 2.50 Rough Guide to Bang for Your Buck (R) 3.05 Donald Duck - Winter Storage 3.10 FILM Taking a Chance on Love: Romantic comedy. 5.00 Five News, Weather 5.30 Neighbours (R) 6.00 Home and Away (R) 6.25 Live from Studio Five



6.00am The Biggest Loser US (R) 7.00 Brainiac: Science Abuse (R) 7.55 Bite Size Brainiac(R) 8.00 Oops TV(R) 9.00 It's Me or the Dog USA (HD) 10.00 Cold Case (R) (HD) 11.00 Kim's Rude Awakening (R) (HD) 11.30 New Parent Nightmares (R) (HD) 12.00noon The Biggest Loser US 1.00pm UK Border Force (R)(HD) 2.00 Stargate Atlantis (R)(HD) 4.00 Bones (R) (HD) 5.00 SPORT WWE Superstars 6.00 Oops TV (R)(HD) 6.30 The Simpsons (R)

# "OK, who had **Brussels sprouts** for lunch?"

Jason Plato drives the supercharged Lotus Evora S in Spain. Lucky old him.

8.00 White Van Man

A welder dismantles a funeral home.

9.00 The Mentalist

7.00 Five News at 7

7.30 Fifth Gear

A federal judge's daughter goes missing.

10.00 Law & Order: **Special Victims Unit** 

A serial rapist's victim refuses to testify.

10.55 CSI: Miami

Horatio investigates a murder suspect he has previously been unable to convict. (R)

11.50 Cops in Crisis

Harrowing tales told by police officers. Cheery on here tonight, isn't it? (R)

12.10am SuperCasino

7.00 The Simpsons

With the voice of Tony Blair. (R) 7.30 The Simpsons

Homer and Marge play for a curling team in the Winter Olympics. (R)(HD)

8.00 Oops TV

Banana-skin slippage courtesy of ordinary members of the public. (R)

9.00 Ross Kemp on Gangs The baldy actor visits Kingston, Jamaica,

to meet some gangs. Gulp! (R)(HD) 10.00 House

A campaign manager falls ill in the midst of a tight election race. (R)(HD)

11.00 Thorne: Scaredy Cat Martin Palmer escapes police custody during a car crash. (R)(HD)

12.00m't Stargate Universe Rush and Col Young are left stranded in space. Tough break. (R)(HD)

1.00am Road Wars: Vehicle crime. 1.50 Road Wars 2.40 Oops TV 3.05 Oops TV 3.30 Lost 4.20 Sell Me the Answer 5.10-

6.00am Smarter Than a 10 Year Old?

## The Event Channel 4, 9pm

DRAMA The President and his national intelligence adviser bloke do a deal with alien dude Thomas, but it all goes very wrong, which leads them to think maybe there's a mole in their camp. Durr, do you really think so? ★★★



# **The Walking Dead**

FX/HD, 10pm

Ace horror series starring some living DRAMA Ace norror series who want to eat folk and the zombies who want to eat them. This week, Rick tries to retrieve the big bag of guns that the survivors sorely need. \*\*\*\*



# **Good Luck Chuck**

Channel 4, 10pm

A bloke tries to break the curse that every woman who sleeps with him will find true love with her next partner. Half-decent comedy with lots of toplessness - and Jessica Alba! ★★★

#### 7.00 News 7.25 4thought.tv

#### 7.30 Unreported World

Claims that people in India are being killed for rejecting arranged marriages.

#### 8.00 Come Dine with Me

Four amateur chefs eat each other's food before slagging it off behind their backs.

#### 9.00 The Event

MUST-SEE Sean meets a conspiracy theorist.

10.00 Good Luck Chuck MUST-SEE Top comedy starring Dane Cook and the

lovely Jessica Alba. Great fun! 12.00m't Music on 4: **Mercury Prize Sessions** A performance by the Joy Formidable.

#### 12.15am The Album Chart Show: The Script

Jameela Jamil interviews the band. (R)

12.50 On Track

With singer-songwriter Robyn. (R)

1.05 TIM The Serpent: French thriller starring Yvan Attal. 3.05 This Week's 4Music Top 20 4.55 Brothers & Sisters (R) 5.40-6.25am Countdown (R)

4.05 Motorsport Mundial 4.30 Street Market Chefs (R) 4.55 Rough Guide to Beaches (R) 5.10-6.00am Michaela's Wild Challenge (R)

## LLITE AND CABLE TV TONIGHT

Half Men 4.10 Shortcuts Shuffle 4.20 The King of Queens 5.10-6.00am Frasier

#### DISCOVERY (520)

6.00pm Mythbusters 8.00 How Do They Do It? 8.30 How It's Made 9.00 Beyond Survival With Les Stroud: The Sea Gypsies of Malaysia. 10.00 Wheeler Dealers 11.00 Monsters Inside Me 12.00m't Deadliest Catch 1.00am Bear Grylls: Born Survivor 2.00 Rory McGrath's Best of British Engineering 3.00 World War Two in HD Colour 3.50 Two Weeks in Hell 5.30-6.00am How Does That Work?

#### BBC3 (115)

7.00pm Doctor Who 7.50 Doctor Who Confidential 8.00 Great TV Mistakes 10.00 Russell Howard's Good News 10.30 Don't Tell the Bride 11.30 Family Guy 12.15am Russell Howard's Good News 12.45 How Not to Live Your Life 1.15 Freak Like Me 1.45 Don't Tell the

Bride 2.45 Kara Tointon: Don't Call Me Stupid 3.40 How Not to Live Your Life 4.10 Freak Like Me 4.40 Snog, Marry, Avoid? 5.10-5.20am Doctor Who Confidential

7.00pm Hollyoaks 7.30 Friends 9.00 How to Look Good Naked 10.00 Natalie Cassidy: Becoming Mum 11.05 Desperate Housewives 12.05am Scrubs 1.05 How to Look Good Naked 2.00 Natalie Cassidy: Becoming Mum 2.55 What About Brian 3.35 Reno 911!: US comedy. 3.55 Switched 4.20 Accidentally on Purpose 4.40-6.00am Switched

6.40pm Have I Got News for You 7.20 QI 8.00 Top Gear 9.00 QI 9.40 Mock the Week 10.20 Have I Got News for You 11.00 QI 11.40 Mock the Week 12.20am Have I Got News for You 1.00 Would I Lie to You? 1.40 Never

Mind the Buzzcocks 2.10 Crash Addicts 2.35-3.00am Radical Highs

#### MTV (350)

7.00pm Hogan Knows Best: Double-bill. 8.00 Celebrity Bites 9.00 Gonzo: Hosted by Alexa Chung. 10.00 iTunes Festival 2010 11.00 World Stage 12.00m't South Park 3.00-6.00am All the Hits

#### SYFY (129)

7.00pm A Town Called Eureka 8.00 Warehouse 13 9.00 Haven 10.00 Game of Death 12.00m't My Name Is Bruce 1.40am Medium 3.00 Mysterious Ways 4.00 Quantum Leap 5.00-6.00am Buffy the Vampire Slayer

7.00pm NCIS 10.00 MUSTISEE The Walking Dead 11.00 Burn Notice: Drama.

12.00m't Nip/Tuck 1.00am Farscape 2.00 Babylon 5 3.00-4.00am ReGenesis

# **Nuts**

6.00am Breakfast 10.00 Saturday Kitchen 11.30 Nigella Kitchen (R) 12.00noon BBC News, Regional News, Weather 12.15pm Football Focus 1.00 SPORT Formula 1 - 2010 Season Review 2.00 WE International Rugby Union: Scotland vs South Africa, kick-off 2.30pm. 4.30 SPORT Final Score 5.10 BBC News, Regional News, Weather 5.30 Children in Need 2010: The Best Bits 6.30 Strictly Come Dancing

6.00am CBeebies 7.00 CBBC 12.00noon BBC Switch: The Cut 12.25pm Teensville: Teens from a Small Island 12.50 Popatron 1.20 The 5:19 Show 1.35 The Season (R) 2.05 Revealed 2.25 III In Search of the Castaways: Adventure starring Maurice Chevalier. 4.00 The Great British Bake Off (R) 5.00 IVE International Rugby Union: Ireland vs New Zealand, kick-off 5.30pm.

# itv

5.30am ITV News 6.00 CITV 10.00 The Planet's Funniest Animals (R) 10.30 The Crocodile Hunter Diaries (R) 11.30 This Morning: Saturday 12.30pm News, Weather 12.40 All New You've Been Framed! (R) 1.10 FLM Racing Stripes: Family comedy about a zebra that thinks it's a horse. 3.00 HIM Harry Potter and the Philosopher's Stone: Adventure. 5.45 Regional News, Weather 6.00 ITV News 6.15 All Star Family Fortunes

6.25am The Treacle People (R) 6.35 Yo Gabba Gabba (R) 7.00 SPORT World Sport 7.25 Britain's Favourite Yacht Race 7.55 SPORT The Morning Line 8.50 T4: Friends (R) 9.50 Ugly Betty (R) 10.45 Koko Pop 11.20 Harry Potter and the Deathly Hallows Part 1: T4 Movie Special 11.50 Take That: Our Story 12.50pm Scrubs (R) 1.25 Shooting Nicole Scherzinger 1.55 LIVE Channel 4 Racing: Live coverage from Haydock Park, Ascot and Lingfield Park. 3.55 Come Dine with Me (R) 6.25 The Political Slot 6.30 News 6.55 4thought.tv

(R) 10.30 How Do They Do It? (R) 11.00 The Gadget Show (R) 12.00noon Megastructures (R) 1.00pm Extreme Fishing with Robson Green (R) 2.00 Farscape: The Peacekeeper Wars: Sci-fi adventure starring Ben Browder. 5.00 Close Encounters of the Third Kind -The Special Edition: Alternate cut of the sci-fi drama, starring Richard Dreyfus.

#### 7.45 Merlin

Camelot stages a tournament attracting warriors from far and wide. So, basically, it's ye olde cage fighting then.

#### 8.30 The National Lottery **Saturday Night Draws**

Another dose of ball plucking.

#### 8.45 Casualty

Nurse! Our eyes are bleeding!

#### 9.35 The Armstrona & Miller Show

MUST-SEE Sketches from the

#### 10.05 BBC News, Weather 10.25 Match of the Day

SPORT Highlights of today's Premier League clashes, including Arsenal vs Spurs, Birmingham vs Chelsea and Liverpool vs West Ham.

#### 11.45 The Football League Show

1.10-6.00am BBC News

SPORT The day's best action from the lower leagues.

#### 7.30 Coast

Why Poole Harbour is an expensive place to live. A solution? Live somewhere else!

#### 7.50 Dad's Army (R)

#### 8.20 American Dream

NEW The realities behind the national ethos of the United States. Sounds a bit serious to us.

#### 9.20 Have I Got a Bit More News for You

Hilarious Scottish gag-merchant Kevin Bridges guests. Brilliant!

#### 10.05 QI XL

More brain-busting questions. (R)

#### 10.50 Never Mind the Buzzcocks

David O'Doherty hosts with a random group of guests including Mel B, Olly Murs, Peter Jones and Joe Wilkinson. (R)

11.20 Later with Jools Holland With Robert Plant and Arcade Fire. (R)

#### 12.25-1.50am Scenes of a Sexual Nature

FILM Comedy with Adrian Lester and Ewan McGregor.

#### 7.00 All New You've **Been Framed!**

NEW Harry Hill narrates as people slipping on banana skins.

#### 7.30 Harry Hill's TV Burp

It's the baldy comic again. This time he's making us laugh at TV observations.

#### 8.00 The X Factor

We're praying Wagner's still in.

#### 9.20 I'm a Celebrity Get Me Out of Here!

More Geordie calamity as the hungry celebs chow down on bugs.

#### 10.20 Piers Morgan's Life Stories: Kelly Osbourne

The reality TV star discusses her battle with drugs. And her mum, probably.

#### 11.20 ITV News, Weather

#### 11.35 Paul McCartney and Wings: Band on the Run The former Beatle natters about the

reissue of his 1973 album. (R)

12.35am The Zone

#### 7.00 Grand Designs

People who've built their own pads. (R)

#### 8.00 Apocalypse: The Second World War

The story of the Japanese attack on Pearl Harbor, and the Allied bombing offensive against Germany. Heavy.

#### 9.00 The Pillars of the Earth

Aliena is exiled to France with Jack's illegitimate son. Well we never!

#### 11.15 Into the Wild

PREMIERE Sean Penn's acclaimed drama starring Emile Hirsch as a bloke who became a hobo and ended up living alone in the Alaskan wilderness. As you do.

#### 7.25 Five News 7.30 The Mentalist

A judge's daughter goes missing on the same day as her grandmother dies. Hmm, something weird's going on there. (R)

#### 8.25 NCIS

The team investigate the case of an officer found dead backstage at a pageant. (R)

#### 9.20 CSI: Crime Scene Investigation

More Vegas-based head-scratching as a TV star is killed while filming a show. Oh well - the out-takes'll be interesting. (R)

#### 10.20 CSI: Crime Scene Investigation

Langston investigates the murder of a deeply unpopular teenager. (R)

#### 11.20 CSI: NY

The team's investigation into the death of a girl found decapitated and hanging from a ceiling fan. (R)

12.15am SuperCasino

BBC2 SCOTLAND: 7.30pm Eòrpa 8.00 Coast Box 2.00-5.30am The Nightshift ULSTER: 11.35pm Dating the Enemy 12.05am Brain Box

2.40 Surface (R) 3.25 Sons and Daughters 3.50-5.30am ITV Nightscreen

1.55am FILM Far North: Ferie drama starring Michelle Yeoh. 3.25 Afterworld (R) 3.50 The OC(R) 4.40 The OC(R) 5.25-6.10am Countdown (R)

4.05 Fifth Gear 4.30 House Doctor 4.55 The Family Recipe 5.00 Hana's Helpline 5.10 Milkshake! 5.35 Thomas & Friends (R) 5.45-6.00am Roary the Racing Car (R)

STV: 11.35pm Cheetah Kingdom 12.05am Brain

#### **TODAY'S SPORT**

7.30am World Sport 8.00 Ringside (HD)

10.00 Cricket (HD)

12.00noon Ringside (HD) 2.00pm Must SEE Rugby Union: England vs Samoa, kick-off 2.30pm. (HD)

5.00 Cricket (HD)

7.00 Rugby Union (HD)

8.00 Boxing: The first super featherweight staging of the tournament, held at York Hall in Bethnal Green, London, which features eight British fighters and seven bouts. (HD)

11.00 Rugby Union (HD)

12.00m't Champions League Weekly: The matchday five fixtures. (HD)

12.30am Boxing (HD)

3.30 Rugby Union (HD)

4.30 Champions League Weekly (HD)

5.00 Take It Like a Fan

5.30-6.00am IEX Magazine

#### sky SPORTS 1 sky SPORTS 2

6.00am Take It Like a Fan 6.30 Time of Our Lives

7.30 Football League Weekend (HD) 8.30 Champions League Weekly (HD)

9.00 Premier League Preview (HD) 9.30 Take It Like a Fan 10.00 Soccer AM

12.00 noon Take It Like a Fan 12.30pm Musisse Football: Arsenal vs

Spurs, kick-off 12.45pm. (HD) 3.15 Take It Like a Fan

3.45 Sky Sports Classics 4.00 Champions League Weekly (HD)

4.30 WWE Wrestling (HD) 5.00 WE Football: Lower-league fun with Sheff United vs Crystal Palace from

Bramall Lane, kick-off 5.20pm. (HD) 7.30 You're on Sky Sports!

8.25 Football First (HD) 4.15am Spanish Football (HD) 5.45-6.00am Sky Sports Classics

#### FILM4 (315)

6.25pm The Core: Sci-fi thriller starring Aaron Eckhart. 9.00 Assault on Precinct 13: Thriller starring Ethan Hawke. 11.05 The Descent: Horror starring Shauna Macdonald. 1.00am Marathon Man: Thriller. 3.25-3.35am Sleuth Special

#### COMEDY CENTRAL (126)

7.00pm The Office: An American Workplace 8.00 Two and a Half Men 9.30 Michael McIntyre at the Comedy Store 10.00 Bad Boys II: Comedy thriller sequel. 12.45am South Park 1.45 Comedy Central at the Comedy Store



4.45pm Liverpool vs West Ham. 7.45

Rugby Union 9.45 Dutch League 11.30 Serie A 1.15am Ultimate Fighting Championship 2.15 MMA 3.00-6.00am Ultimate Fighting Championship 2.15 South Park 3.15 Two and a Half Men 4.10 Shortcuts Shuffle 4.20 Everybody Loves Raymond 5.10-6.00am Frasier

ON DIGITAL, SATELLITE AND CABLE TV TONIGHT

#### DISCOVERY (520)

7.00pm Bear Grylls: Born Survivor 8.00 How It's Made 9.00 Frontline Battle Machines with Mike Brewer 10.00 Weird or What? 11.00 How the Universe Works 12.00m't Wheeler Dealers 1.00am Mythbusters: Loads of episodes. 5.30-6.00am How Does That Work?

#### BBC3 (115)

7.00pm The Real Hustle on Holiday 7.25 International Rugby Union 8.25 Children in Need: 50 Greatest Moments 10.20 Russell Howard's Good News Extra 11.05 Family Guy 11.50 American Dad! 12.35am Lip Service 1.35 Russell Howard's Good News Extra 2.20 Children in Need: 50 Greatest Moments 4.15-5.15am Being Human Unearthed

#### E4 (136)

6.30pm Ugly Betty 7.30 The Big Bang Theory 8.00 How I Met Your Mother: The gang consoles Marshall, 8.30 Friends 10.00 Predator 2: Thriller seguel starring Danny Glover. 12.10am Scrubs 1.10 Gok's Fashion Fix 2.05 Supernanny USA 3.25-6.00am Hollyoaks

7.00pm Seaside Rescue: A racing yacht begins to sink in the Solent. 7.40 Have I Got News for You 8.20 QI: With Rory McGrath. 9.00 QI XL 10.00 Jack Dee Live at the Apollo 11.00 QI XL 1.00am Jack Dee Live at the Apollo 2.00 QI XL 2.45-3.00am SPORT Radical Highs

7.00pm Celebrity Bites 7.30 The Hills 8.00 If You Really Knew Me 9.00 Teen Mom 10.00 Baby High 11.00 Celebrity Bites 11.30 MTV Meets Usher 12.00m't



6.00am Brainiac's Test Tube Baby (R) 7.00 The Zoo UK (R) 7.30 The Zoo UK (R) 8.00 Malcolm in the Middle (R) 8.30 Malcolm in the Middle (R) 9.00 Wayne Rooney's Street Striker (R)(HD) 10.00 Store Soccer AM 12.00noon Best of Oops TV (R) 1.00pm Malcolm in the Middle (R) 1.30 Malcolm in the Middle (R) 2.00 Oops TV (R) 3.00 Liza and Huey's Pet Nation (R)(HD) 4.00 The Real A&E (R)(HD) 5.00 Futurama (R) 5.30 Futurama (R) 6.00 The Middle: Comedy. (R)(HD) 6.30 The Simpsons (R)

#### 7.00 The Simpsons Marge writes a novel. (R)

#### 7.30 The Simpsons

A tax audit lands Homer in big trouble, forcing him to make amends by helping the government nail Mr Burns. (R)

#### 8.00 Fat Families

More fatties moan about being fat. Put a sock in it! Or a pizza. (R)

#### 9.00 Demolition Man

Rubbish sci-fi actioner stars Sylvester Stallone, Wesley Snipes and Sandra Bullock. A disgraced cop is released from cryogenic imprisonment into a pacifist future to catch an escaped criminal. Daft.

#### 11.15 Fringe

Olivia's return is eagerly awaitied. (R)(HD)

#### 12.15am Classic Albums

Prepare to air quitar in front of the mirror - it's Motorhead's Ace of Spades. (R)

1.20 Night Cops 2.10 Road Wars (R) 3.05 Oops TV (R) 3.30 Family Court: Judge Penny (R) 4.20 Don't Forget the Lyrics (R) (HD) 5.10-6.00am Are You Smarter...

iTunes Festival 2010 1.00am My Super Psycho Sweet 16: Horror starring Alex Van. 3.00-6.00am All the Hits

7.00pm Fact or Faked: Paranormal Files 10.00 An American Werewolf in London: Horror comedy with David Naughton. 12.00m't War Wolves: Horror starring Michael Worth. 2.00am Lava Storm: Rubbish disaster thriller. 4.00-6.00am Thunderbirds

#### FX (164)

6.00pm The Listener 8.00 King of the Hill 9.00 Family Guy 10.00 Robot Chicken 10.15 Eastbound & Down 10.50 Metalocalypse 11.05 American Dad! 12.05am The Venture Brothers 12.35 Family Guy 1.35 Titan Maximum 1.50 Family Guy 2.50 American Dad! 3.20 Robot Chicken 3.35 Metalocalypse 3.50-4.05am Titan Maximum

# **TODAY'S MUST-SEES**



# Tottenham

Sky Sports 2/HD, 12.30pm

SPORT It's not too long ago that the red side of north London mocked their great rival's endless calamities. But thanks to the likes of Gareth Bale, Rafael van der Vaart and Luka Modric, Spurs are now more than capable of wiping the smile off the Gunners' faces. With eight goals scored in their last two meetings it's likely to be a thriller. This is now a derby that's really come into its own, which makes it even more of a shame that Arsene Wenger is unlikely to see any of it! ★★★★



# Grand Slam Of Darts ITV4, 1pm

SPORT More coverage from Wolverhampton's palatial Civic Hall, where day eight brings the first two quarter-finals. There were upsets galore at this stage last year - who would bet against



## **The Armstrong** & Miller Show BBC1, 9.35pm

More daft sketches. Tonight features our favourite characters: the two old vampires who can't fathom modern life. ★★★



# England vs Samoa Sky Sports 1/HD, 2pm

Nobody in their right mind would want SPORT Nobody in their name to square up against 15 hulking bruisers from the South Pacific. But if England want to build for the World Cup, they'll have to do just that. \*\*\*



#### **UFC 123** ESPN, 3am

The action keeps on coming from those tough-fighting chaps of UFC - this time from Detroit. Watch Quinton Jackson (above left) and Lyoto Machida go at it - if you can handle staying up until the early hours of the morning, that is! ★★★

# NutsTV

6.00am Breakfast 7.35 SPORT Match of the Day (R) 9.00 The Andrew Marr Show 10.00 Sunday Morning Live 11.00 Country Tracks 12.00noon Regional Programme 1.05pm Escape to the Country (R) 2.05 EastEnders 3.35 NEW Drop Zone 4.35 Lifeline 4.45 Points of View 5.00 Songs of Praise 5.35 BBC News, Regional News, Weather 6.00 Jimmy's Food Factory (R) 6.30 Countryfile

6.00am CBeebies 7.00 CBBC 10.00 Something for the Weekend 11.30 SPORT International Rugby Union 12.30pm LIVE Horse Racing: The autumn meeting at Aintree. 2.00 IVE Tennis: ATP World Tour Finals: Day one from the O2 in London. 5.00 Coast 5.10 Goal!: Drama starring Kuno Becker and Stephen Dillane.

5.30am ITV News 6.00 CITV 9.40 The Planet's Funniest Animals (R) 10.10 The X Factor (R) 11.30 This Morning: Sunday 12.30pm News, Weather 12.35 Coronation Street 2.55 Midsomer Murders (R) 5.00 Regional News, Weather 5.15 ITV News 5.30 Harry Potter and the Deathly Hallows: Part 1 - Behind the Magic 6.30 Harry Hill's TV Burp (R)

6.10am Planet Cook (R) 6.30 SPORT Cardiff Half Marathon 7.20 Sport Great London Swim 8.15 World B-Boy Series 8.45 T4: Hollyoaks 11.20 Live and Lost 11.35 Ugly Betty 12.35pm Friends (R) 1.10 The Simpsons (R) 2.25 T4 Stars of 2010 4.55 Deal or No Deal 5.50 FILM Deck the Halls: Comedy starring Matthew Broderick and Danny DeVito.

6.00am Milkshake! 10.00 Shake! 11.10 SPORT Your Sport (R) 11.25 André Rieu in Concert (R) 12.10pm Street Market Chefs (R) 12.40 Zoo Days (R) 1.10 Emergency Bikers (R) 2.10 TIM The Sheepman: Comedy Western starring Glenn Ford and Shirley MacLaine. 3.55 Five News 4.00 The Showbiz Variety Club Awards 2010 5.00 A Bug's Life: Animated feature from the makers of Toy Story. 6.55 Ghostbusters II: Supernatural action comedy sequel starring Bill Murray.

#### 7.30 Strictly Come Dancing

Supreme honey Kara Tointon's in this, but you have to wade through far too much rubbish to see her. Weigh it up...

#### 8.00 Antiques Roadshow Tat-valuing twaddle.

#### 9.00 Garrow's Law

The barrister defends a captain accused of a sexual crime. Er, captain of what?

#### 10.00 BBC News, Weather

#### 10.25 The Impressions Show with Culshaw and Stephenson

Hit-and-miss comedy sketch show with the mildly annoying duo.

#### 10.55 The Apprentice

The candidates create personalised movie experiences, before Lord Sugar tears strips off the losing team. (R)

#### 11.55 The Lonely Guy

FILM Bittersweet comedy starring Steve Martin as a young man who finds himself a soulmate. Yuck.

1.25am Sign Zone: Holby City (R) 2.25 Coast (R) 3.25 Who Do You Think You Are? (R) 4.10-6.00am BBC News

#### 7.00 Top Gear

The one where the guys drive from Switzerland to Blackpool on one tank of fuel. A new series starts next month! (R)

#### 8.00 Making Scotland's Landscape

People bang on about rolling heather.

#### 9.00 JFK: The Making of Modern Politics

How John F Kennedy shaped politicszzzz.

#### 10.00 The Trip

It's a repeat, but it's worth another look, as comedy gods Steve Coogan and Rob Brydon drive around sampling more restaurants. Brilliant stuff! (R)

#### 10.30 Match of the Day 2

SPORT Leather-belting action as Fulham face Man City and Blackburn takes on Villa.

#### 11.30 JFK

New Orleans district attorney
Jim Garrison opens his own investigation into the 1963 assassination of President John F Kennedy.

2.30-4.10am BBC News

#### 7.00 The Cube: **Celebrity Special**

Weirdy guiz with contestants Kelly Holmes and Jenni Falconer.

#### 8.00 The X Factor

Dermot O'Leary announces the results of another public vote. Wagner to win!

#### 9.00 I'm a Celebrity Get Me Out of Here!

A Bushtucker Trial looms for the fooddeprived celebs.

#### 10.30 ITV News, Weather 10.45 Kings of Leon: **Excess All Areas**

Dave Berry (bad) spends 48 hours with the American rock band (good).

#### 11.45 Piers Morgan's Life Stories: Kelly Osbourne

The reality TV star talks about her battle with drugs, splitting up with fiancé Luke Worrall, and whatnot. (R)

#### 12.40am Premiership **Rugby Union**

3.20-5.30am ITV Nightscreen

SPORT Highlights of the latest round of fixtures.

1.25 The Zone 2.30 SPORT Motorsport UK

#### 7.30 News

#### 7.55 4thought.tv

8.00 River Cottage Best Bites Hugh Fearnley-Whittingstall hosts a sheep-shearing party. Riiigghhhtt!

#### 9.00 Any Human Heart

NEW A really old man recalls his relationships and friendships in each decade of the 20th century. A bit like your grandad going on about the good old days. For nearly two hours.

#### 10.45 Desperate Housewives

Susan is forced to reveal her secret to Mike as Halloween approaches.

#### 11.45 The Real Housewives of New Jersey

The clue's is in the title. Give it a miss.

#### 12.45am Dance for Eternity

Two lovers make a promise to each other that will change their lives for ever. (R)

1.00 WE American Football: Philadelphia

Eagles vs New York Giants. 4.45 Britain's

Favourite Yacht Race (R) 5.10 Grudge

Match (R) 5.25-6.10am Countdown (R)

#### 9.00 Speed

FILM Keanu Reeves is at his super-wooden best as a cop trying to save a load of passengers on a bus that will explode if its speed drops below 50mph, A rather cute Sandra Bullock also stars. You already knew all this, of course.

#### 11.15 11:14

FILM Comedy thriller starring Rachael Leigh Cook and Patrick Swayze. Ten different people are interconnected by a car crash that takes place on a dark road at 11.14pm. Hang on - they're starting this flick a minute late! On the plus side, with a title like that, the potential for sequels is pretty massive.

#### 12.55am SuperCasino

4.05 Emergency Bikers 4.55 The Family Recipe 5.00 Hana's Helpline 5.10 The Milkshake! Show 5.35 Thomas & Friends 5.45-6.00am Roary the Racing Car

BBC1 SCOTLAND: 8.00pm Making Scotland's Landscape BBC1 NORTHERN IRELAND: 10.25pm The Politics Show 10.45 The Impressions Show with Culshaw and Stephenson 11.15 TIM The Mission: Epic period drama starring Robert De Niro. 1.15am

Sky High BBC2 SCOTLAND: 8.00pm Escape to the Country 10.30 SPORT Sportscene 11.15 SPORT Match of the Day 2 12.15am JFK: Thriller starring Kevin Costner. 3.15-4.10am BBC News BBC2 NORTHERN IRELAND: 10.00pm Pop Goes

Northern Ireland BBC2 WALES: 5.30pm WE Scrum V 7.30 Coast 10.00 SPORT Scrum V 11.00 SPORT Match of the Day 2 12.00m't JFK: Thriller starring Kevin Costner. 3.00-4.10am BBC News STV: 11.45pm Made in Scotland 12.00m't Brain

Box 1.00am Surface 1.50 Animals Are Amazing Shorts 2.00-5.30am The Nightshift ULSTER: 7.00pm Lesser Spotted Ulster 11.45 UTV Rewind 12.00m't Brain Box 2.30an Premiership Rugby Union

#### **TODAY'S SPORT**

6.00am Aerobics

6.30 Football First (HD) 9.30 The Sunday Supplement

11.00 Goals on Sunday (HD)

#### 1.00pm MUSTISEE Football: Blackburn vs Villa at Ewood Park, kick-off 1.30pm. (HD) 3.30 IVE Football: Fulham vs Man City

at Craven Cottage, kick-off 4pm. (HD) 6.30 WE Spanish Football: Coverage of a big match from La Liga. (HD)

8.00 Spanish Football: Another topnotch match from the league featuring Ronaldo, Messi, Kaka and co. Ace! (HD)

10.00 Ashes Preview: A look ahead to the forthcoming Ashes tour. It's starts on Wednesday! Excellent! (HD)

11.30 Football: Fulham vs ManCity and Blackburn vs Villa. (HD)

1.00am Ashes Preview

2.30 Football (HD)

4.00-6.00am Spanish Football (HD)

#### sky SPORTS 1 sky SPORTS 2

#### 6.00am WWE Special

7.00 WWE Wrestling (HD)

7.30 Spanish Football (HD) 9.00 Boxing: The first super featherweight

staging of the Prizefighter tournament, held at York Hall in Bethnal Green. (HD) 12.00noon WE Tennis: Day one of the ATP World Tour Finals from the O2 in London, featuring the opening match in the round-robin group stage. (HD)

4.00pm WWE Wrestling: A look ahead to the 24th annual staging of the Survivor Series from Miami, Florida. (HD)

4.30 Ashes Preview

6.00 Trennis: Even more from day one of the ATP World Tour Finals. (HD) 10.00 Golf: The fourth day of the Hong

Kong Open in Fanling. (HD) 11.30 World Sport: Magazine show rounding up the latest events.

12.00m't-2.00am Spanish Football (HD)

#### FILM4 (315)

6.40pm Star Trek II: The Wrath of Khan: Sci-fi adventure sequel starring William Shatner. 8.50 Sleuth Special 9.00 Sleuth: Mystery thriller remake starring Michael Caine and Jude Law. 10.45 PREMIERE Stay: Thriller starring Ewan McGregor. 12.40am lls: French horror starring Olivia Bonamy. 2.10-4.00am Mean Creek: Drama starring Rory Culkin.

#### COMEDY CENTRAL (126)

5.30pm Two and a Half Men 7.30 Mike & Molly 8.00 Two and a Half Men 10.00 South Park 11.00 Lee Evans Live from the



6.30pm Serie A 7.45 Italian Football: Napoli

vs Bologna. 9.45 ESPN Kicks Extra 10.00 Ultimate Fighting Championship 1.00am Major League Soccer 3.30 ESPN Kicks Extra 3.45-5.00am Serie A

West End 12.30am South Park 1.00 The Office: An American Workplace 2.00 Two and a Half Men 3.00 South Park 4.00 Shortcuts Shuffle 4.20 Everybody Loves Raymond 5.10-6.00am Frasier

ON DIGITAL, SATELLITE AND CABLE TV TONIGHT

#### DISCOVERY (520)

7.00pm How Do They Do It? 8.00 How It's Made 9.00 Speed of Life 10.00 Beyond Survival With Les Stroud 11.00 Did the Mob Kill JFK? 12.00m't Frontline Battle Machines with Mike Brewer 1.00am Mythbusters: Loads of episodes. 5.30-6.00am How Does That Work?

#### BBC3 (115)

7.00pm The World's Strictest Parents 8.00 Sport Formula 1: 2010 Season Review 9.00 Gavin & Stacey 9.30 How Not to Live Your Life: Don and Jason go on a double date. 10.00 Family Guy 10.45 American Dad! 11.30 Gavin & Stacey 12.00m't How Not to Live Your Life

12.30am Being Human 2.30 The World's Strictest Parents 3.30 SPORT Formula 1: 2010 Season Review 4.30-5.30am Kara Tointon: Don't Call Me Stupid

7.00pm Life Unexpected 7.55 Friends 9.00 FILM The School of Rock 11.10 Russell Brand: Scandalous: A top gig from last year. 12.15am David Blaine: Vertigo 1.10 Gok's Fashion Fix 2.10 Supernanny USA 3.30-6.00am Hollyoaks

#### **DAVE (111)**

7.00pm Three Men in More Than One Boat 9.00 Men Behaving Badly: Back-toback episodes. 1.00-3.00am Bottom Live: The Big Number 2 Tour

#### MTV (350)

7.00pm Randy Jackson's America's Best Dance Crew 8.00 If You Really Knew Me 9.00 Jersey Shore 10.00 Teen Mom

# 21 NOVEMBER SUNDAY

# FULL 7 DAY TV



6.00am Hour of Power (HD) 7.00 The Zoo UK (R) 7.30 The Zoo UK (R) 8.00 It's Me or the Dog USA(R)(HD) 9.00 Customs (R) 9.30 Customs (R) 10.00 SPORT WWE Superstars (R)(HD) 11.00 SPORT WWE: Experience (R)(HD) 12.00noon The Real A&E (R) 1.00pm Dog Squad (R) 1.30 Super Nurses (R)(HD) 2.00 Real Filth Fighters (R)(HD) 2.30 Emergency Animal Rescue (R)(HD) 3.00 Fat Families (R)(HD) 4.00 The Real A&E (R)(HD) 5.00 Harry Potter Special (R) 5.30 Futurama (R) 6.00 Futurama (R) 6.30 The Middle (HD)

#### 7.00 Wayne Rooney's Street Striker

MUST-SEE The final 14 hopefuls visit a skate park, where they have to show their power and accuracy of their shooting. (HD)

#### 8.00 The Simpsons

Lisa is dumbfounded to discover Marge was an A-grade student. (R)(HD)

#### 8.30 Modern Family

Everyone gathers to celebrate Manny's birthday, but he's in no mood to celebrate getting older. Killjoy. (R)(HD)

#### 9.00 Bones

The detectives investigate a suspected suicide bombing. (R)(HD)

#### 10.00 House

MUST-SEE Disease control official Dr Dave Broda closes down the hospital. That really can't be good for business. (HD)

#### 11.00 Cold Case

Lilly and the team reinvestigate the death of a troubled teenage girl. (R)

#### 12.00m't Night Cops

Police officers docu. (R)(HD)

1.00am Law & Order 1.50 Ross Kemp Pirates 2.40 Road Wars (R) 3.30 Family Court (R) 4.20 Don't Forget the Lyrics (R) (HD) 5.10-6.00am Are You Smarter.

11.00 Scream Queens 12.00m't Pranked 12.30am Jersey Shore 1.30 Randy Jackson's America's Best Dance Crew 2.30 Pranked 3.00-6.00am All the Hits

7.00pm Warehouse 13 8.00 Haven 9.00 PREMIERE Monsterwolf: Horror starring Jason London. 10.50 FILM An American Werewolf in London: Horror comedy starring David Naughton. 12.50am War Wolves: Sci-fi horror starring Michael Worth. 3.00 Painkiller Jane 4.00-6.00am Thunderbirds

6.00pm Burn Notice: Michael learns his file is being reviewed. 8.00 NCIS 10.00 The Walking Dead 11.00 Eastbound & Down: Kenny loses all motivation when he learns a secret about April from a friend 12.10am Life 1.10 Burn Notice 2.10 American Dad! 3.10-4.10am Cops

## **TODAY'S MUST-SEES**

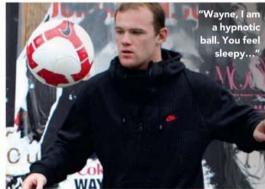


# **Blackburn** vs Aston Villa & Fulham vs Man City

Sky Sports 1/HD, 1pm

SPORT Another ace double-bill starts

with a match between two sides who played each other five times last season, most notably in a ten-goal Carling Cup semi-final. Then, Fulham boss Mark Hughes attempts to derail the title challenge of the club that gave him the boot a year ago. Tasty! ★★★★



# Street Striker 7pm, Sky1/HD

SPORT This week, Rooney's right-hand man, Andy "unbelievable tekkers" Ansah,

gives the final 14 some advice while he prepares them for a new Street Striker challenge. The 14 are about to be whittled down to seven, so it'll be tense. \*\*\*





"Uh-oh, the French

butchers are here!

Much like David Attenborough's series Life In Cold Blood, this is a beautiful feast for the eyes and follows all sorts of animals in search of food. Unmissable television. \*\*\*\*



# House Sky1/HD, 10pm

More medical mayhem tonight when a teenager is brought into the hospital

with a suspected case of smallpox (a fatal disease that was supposedly eradicated 200 years ago). But it's never straightforward with House about. ★★★



www.nuts.co.uk/bets

See site for free bet details gambleaware.co.uk

# **Nuts**

6.00am Breakfast 9.15 New Rip Off Britain 10.00 Homes Under the Hammer 11.00 Real Rescues 11.45 To Buy or Not to Buy 12.15pm Bargain Hunt 1.00 BBC News, Weather 1.30 Regional News, Weather 1.45 Doctors 2.15 Missing (R) 3.00 BBC News, Weather, Regional News 3.05 CBBC 5.15 Weakest Link 6.00 BBC News, Weather 6.30 Regional News Programmes, Weather

6.00am CBeebies 7.00 CBBC 8.30 CBeebies 11.30 Animal Park: Wild in Africa (R) 12.00noon Daily Politics 12.30pm GMT with George Alagiah 1.00 Due South (R) 1.45 Coast 2.00 LWE Tennis: ATP World Tour Finals: Day two from the O2 in London. 3.45 Flog It! (R) 4.30 Pointless (R) 5.15 The Hairy Bikers' Cook Off 6.00 Eggheads 6.30 Strictly Come Dancing - It Takes Two

# itv 1

5.30am ITV News 6.00 Daybreak 8.30 Lorraine 9.25 New Jeremy Kyle: Morning Surgery 10.30 This Morning 12.30pm Loose Women 1.30 ITV News 1.55 Regional News, Weather 2.00 Dinner Date 3.00 Dickinson's Real Deal 4.00 Midsomer Murders (R) 5.00 The Alan Titchmarsh Show 6.00 Regional News, Weather 6.30 ITV News

6.10am Sali Mali (R) 6.15 The Treacle People (R) 6.30 Planet Cook (R) 6.50 Yo Gabba Gabba (R) 7.15 Freshly Squeezed 7.40 Everybody Loves Raymond (R) 8.35 Frasier (R) 9.05 According to Jim (R) 9.35 Cook Yourself Thin (R) 10.10 One Tree Hill (R) 11.00 Smallville 12.00noon News 12.05pm In Your Dreams (R) 12.15 A Place in the Sun (R) 1.20 The Pink Panther Strikes Again 3.25 Countdown 4.10 Deal or No Deal 5.00 Come Dine with Me 5.30 Four in a Bed 6.00 The Simpsons (R) 6.30 Hollyoaks

10.45 Trisha Goddard (R) 11.45 House Doctor (R) 12.10pm House Doctor (R) 12.40 Five News 12.50 Emergency Bikers (R) 1.45 Neighbours 2.15 Home and Away 2.50 Animal Rescue Squad (R) 3.05 TUM Touch the Top of the World: Fact-based drama starring Peter Facinelli and Bruce Campbell. 5.00 Five News, Weather 5.30 Neighbours (R) 6.00 Home and Away (R) 6.25 Live from Studio Five

#### 7.00 The One Show

Let's hope host Jason Manford doesn't ask viewers to text in.

7.30 Inside Out Regional rubbish

#### 8.00 EastEnders

Phil reveals his latest investment. Don't tell us - a pie and mash shop?

#### 8.30 British Schools. Islamic Rules: Panorama

Very serious documentary.

#### 9.00 Accused

MUST-SEE Super-gritty drama about a soldier's best friend who humiliates him during a campaign of victimisation. Dark stuff.

10.00 BBC News, Weather 10.35 Don't Hit My Mum We wouldn't dream of it

### 11.40 A Walk to Remember

FILM Lady film starring Mandy Moore and Shane West.

#### 7.00 Michael Wood's Story of England

The history of a village from the 19th century to the present day. We'd rather watch paint dry. Or even Emmerdale!

#### 8.00 University Challenge

Another dose of geek wars. We reckon they should introduce a physical round and fight it out with pugil sticks.

#### 8.30 Miranda

Miranda tries to do something charitable, but things don't go according to plan.

9.00 Giles & Sue **Live The Good Life** Good for them.

#### 10.00 The Trip MUST-SEE Another dollop of

#### 10.30 Newsnight 11.20 JFK: The Making of Modern Politics

Whether John F Kennedy's election as American president in 1960 damaged politics. Bit late to care now, isn't it? (R)

12.20 BBC News

#### 7.00 Emmerdale

Carl is stunned when Chas propses. Chas is a girl, right?

7.30 Coronation Street We suggest you come back at 9pm.

#### 8.00 The Deadliest Bite: Tonight

Claims that a new vaccine could eradicate malaria. Ha, take that, mosquitos!

#### 8.30 Coronation Street

Hang in there for another half an hour...

#### 9.00 I'm a Celebrity Get Me Out of Here!

Top jungle-based japery.

10.00 ITV News, Weather 10.35 Real Crime with Mark Austin: Rachel Nickell - Case Closed (R)

#### 11.35 Robson Green's Wild Swimming Adventure The actor swims up and down Britain. (R)

12.30am The Zone

#### 7.00 News

#### 7.55 4thought.tv

Are lawbreakers treated harshly enough?

#### 8.00 Dispatches: City of Fear

Filmed over a year, this docu follows the police and people of Islamabad as Pakistan's capital battles terrorism.

#### 9.00 Coppers

Following police officers on the Saturday night beat. Not bad, actually.

#### 10.00 Chris Moyles' **Quiz Night**

MUST-SEE The tubby talker is joined by Heston Blumenthal and Paddy McGuinness.

#### 10.55 Commando

Action thriller starring Arnold Schwarzenegger as a retired commando who returns to combat when his daughter is kidnapped.

#### 12.40am Premier League Poker

SPORT Action from the second heat of the season.

#### 7.00 Five News at 7 7.30 How Do They Do It?

How electricity is generated. Magic?

#### 8.00 The Gadget Show

The presenters try to beat seasoned professionals at their own games.

#### 9.00 Extreme Fishing with Robson Green

The actor indulges in some rod-wiggling in Japan's Suruga Bay.

#### 10.00 Kickboxer

Martial arts thriller starring – yep, you guessed it! – Jean-Claude Van Damme.

#### 12.05am Ultimate **Fighting Championship**

SPORT Action from UFC120 at the O2 in London, where the main event was between Brit Michael Bisping and Yoshihiro Akiyama.

1.20am Sign Zone: The Apprentice (R) 2.20 MasterChef: The Professionals: Pan-jiggling antics. (R) 2.50 Eyewitness (R) 3.50-6.00am BBC News

4.00-6.00am BBC Learning Zone

2.30 SPORT UEFA Champions League Weekly 3.00 The Jeremy Kyle Show (R) 3.50-5.30am ITV Nightscreen

1.40 The Lost Son: Harrowing drama starring Daniel Auteuil. 3.25 TILM The Hot Rock: Comedy starring Robert Redford and George Segal. 5.05-5.55am ER (R)

1.00 SuperCasino 3.55 Emergency Bikers (R) 4.45 House Doctor (R) 5.10 Michaela's Wild Challenge (R) 5.35-6.00am Michaela's Wild Challenge (R)

BBC1 SCOTLAND: 7.30pm Food Factory 10.35 Still Game 11.05 Don't Hit My Mum 12.05am A Walk to Remember 1.45 The Apprentice BBC1 NORTHERN IRELAND: 7.30pm Getaways 10.35 House on the Hill 11.05 Don't Hit My Mum 12.05am

The Apprentice 1.05 News 1.25 Countryfile BBC1 WALES: 7.30pm X-Ray 10.35 Royal Mint 11.05 Don't Hit My Mum 12.10am A Walk to Remember 1.50am The Apprentice BBC2 SCOTLAND: 7.00pm Dè a-nis? 9.00 Peter Howson 11.20 Giles & Sue Live

The Good Life 12.20am JFK: The Making of Modern Politics 1.20-3.50am BBC News BBC2 NORTHERN IRELAND: 10.00pm SPORT Laochra Loch Lao 11.20 Stormont 11.50 The Trip 12.20am JFK: Making of Modern Politics 1.20-3.50am News BBC2 WALES:

11.20pm Made in Wales 11.30 JFK: Making of Modern Politics 12.30-3.50 News STV: 10.40pm Grimefighters 11.10 Blasad 11.45 A Reir na h-Aimsir 12.20am Out for Justice 1.50 Scotland Revealed 2.00-5.30am Nightshift

# **TODAY'S SPORT**

#### sky SPORTS 1

6.00am Good Morning Sports Fans (HD) 9.00 Football (HD)

10.30 Champions League Weekly (HD) 11.00 Rugby Union (HD) 12.00noon Tennis: The ATP World

Tour Finals at the 02 in London. (HD) 4.00pm Rugby Union (HD)

5.00 Champions League Weekly (HD) 5.30 Soccer AM: The Best Bits

#### 6.30 Netbusters 7.00 Musisse Football: Sunderland vs Everton, kick-off 8pm. (HD)

10.30 Netbusters

11.00 A League of Their Own (HD)

11.30 SPL Round-Up (HD) 12.00m't Soccer AM: The Best Bits

1.00am Football (HD) 3.00 FIFA Futbol Mundial

3.30 Watersports World

4.30 Max Power 5.30-6.00am FIFA Futbol Mundial

### sky SPORTS 2

6.00am Aerobics 6.30 Snow Ride

7.00 WWF: Bottom Line (HD)

8.00 Ice Hockey

9.00 Golf (HD)

10.30 Boxing (HD) 1.30pm Football (HD)

3.00 Champions League Weekly (HD)

3.30 Cricket 4.30 Ashes Preview

6.00 LIVE Tennis: Day two of the ATP World Tour Finals from the O2 in London, as the round-robin group stage of the singles competition continues. (HD)

10.00 Cricket: Day three of the third Test between India and New Zealand.

11.00 Motorsport (HD) 12.00m't Show Jumping

1.00am Golf (HD) 2.00 Wonderful World of Golf 3.30-4.30am PGA Tour Classic

#### FILM4 (315)

6.20pm Coach Carter 9.00 The Italian Job: Crime thriller remake. 11.05 Resurrected 12.50-3.55am Downfall

#### **COMEDY CENTRAL (126)**

6.00pm Two and a Half Men 7.30 Scrubs 8.30 Two and a Half Men 10.00 Mike & Molly 10.30 Michael McIntyre at the Comedy Store 11.00 Sex and the City 12.10am Two and a Half Men 1.10 South Park 2.10 Michael McIntyre at the Comedy Store 2.40 Scrubs 3.40 Two and a Half Men 4.05 Shortcuts Shuffle 4.20 The King of Queens 5.10-6.00am Frasier



6.30pm Talk of the Terrace 8.00 NBA 8.30 Premiership

Rugby Union 10.00 Between The Lines 10.30 Talk of the Terrace 12.00m't NFL 1.30am WE NFL: Monday Night Football 4.30-5.00am Press Pass 2010

#### DISCOVERY (520)

6.00pm Mythbusters 8.00 How Do They Do It? 8.30 How It's Made 9.00 Mythbusters 10.00 Frontline Battle Machines with Mike Brewer 11.00 How the Universe Works 12.00m't Deadliest Catch 1.00am Bear Grylls: Born Survivor 2.00 Mark Williams on the Rails 3.00 World War Two in HD Colour 3.50 How the Universe Works 4.40 Mystery Investigator: Olly Steeds 5.30-6.00am How Does That Work?

ON DIGITAL, SATELLITE AND CABLE TV TONIGHT

7.00pm Merlin 7.45 Doctor Who 8.30 Freak Like Me 9.00 The World's Strictest Parents 10.00 EastEnders 10.30 How Not to Live Your Life 11.00 Family Guy: Meg falls for a student. 11.45 The World's Strictest Parents 12.45am Freak Like Me 1.10 How Not to Live Your Life 1.40 Mad About the House 2.40 Children in Need: 50 Greatest Moments 3.40 The Real

Hustle: Celebrity Scammers: Pesky cons. 4.10-5.10am Mad About the House

7.00pm Hollyoaks 7.30 Friends 9.00 Scrubs: Double-bill. 10.00 The IT Crowd: 10.30 Pete Versus Life 11.05 Misfits: Nathan's long-lost brother Jamie turns up. 12.10am Scrubs 1.05 The IT Crowd 1.35 Pete Versus Life 2.00 Misfits 2.55 What About Brian 3.40 Rick & Steve: The Happiest Gay Couple in All the World 4.00 Switched 4.25 Accidentally on Purpose 4.45-6.00am Switched

#### **DAVE (111)**

6.40pm QI 8.00 Top Gear 9.00 QI 9.40 Mock the Week 10.20 Have I Got News for You 11.00 QI 11.40 Mock the Week 12.20am Have I Got News for You 1.00 Would I Lie to You? 1.40 Never Mind the Buzzcocks 2.10 Pulling 2.40-3.00am Radical Highs

#### 84 Nuts

# 22 NOVEMBER MONDAY

# FULL 7 DAY TV GUIDE!



6.00am The Biggest Loser US (R) 7.00 Brainiac: Science Abuse (R) 8.00 Oops TV (R) 9.00 It's Me or the Dog USA (HD) 10.00 Emergency Animal Rescue (R)(HD) 10.30 Emergency Animal Rescue (R)(HD) 11.00 Super Nurses (HD) 11.30 The Real A&E (R)(HD) 12.00noon The Biggest Loser US 1.00pm UK Border Force (R)(HD) 2.00 Stargate Atlantis (R) (HD) 4.00 Bones (R)(HD) 5.00 Malcolm in the Middle (R) 5.30 Futurama (R) 6.00 Oops TV (R)(HD) 6.30 The Simpsons (R)

#### 7.00 The Simpsons

Marge stimulates the children's interest in history by relating tales to some old historical figures. (R)

#### 7.30 The Simpsons

Marge and Homer sneak away on a second honeymoon. (R)

#### 8.00 Best of Oops TV

A cut of video out-takes, sporting mishaps and home recordings. You know the deal.

#### 9.00 Back Inside Britain's Fattest Man

Literally inside him? No, thanks! (R)

#### 10.00 NCIS: Los Angeles

Following the murder of an antiques dealer, the team search for a black book containing top-secret information. (HD)

#### 11.00 Law & Order

Lupo and Bernard investigate when a charity executive is murdered. (HD)

#### 12.00m't Road Wars

Police officers use unmarked cars fitted with on-board video cameras, recording a bevvy of naughtiness on the streets. (R)

1.00am Road Wars (R) 1.50 Steve Jones Amazon Adventure 2.40 Oops TV (R) 3.30 Lost 4.20 Sell Me the Answer 5.10-6.00am Are You Smarter Than... (R)(HD)

ULSTER: 11.05pm Balloon Adventure 12.00m't-2.30am TOTAL Pelican Brief ITV1 WALES: 8.00pm Welsh Zoo 10.35 Tonight 11.05 Countrywise

#### MTV (350)

7.00pm Hogan Knows Best 8.00 Teen Mom 9.00 Jersey Shore 10.00 Scream Queens 11.00 The Hard Times of RJ Berger: Comedy. 12.00m't The Dudesons in America 1.00am Scream Queens 2.00 The Hard Times of RJ Berger 3.00-6.00am All the Hits

#### SYFY (129)

7.00pm A Town Called Eureka 8.00
Sanctuary 10.00 Haven 11.00
Warehouse 13 12.00m't Tarm War of
the Worlds 2: The Next Wave 1.40am
Fact or Faked: Paranormal Files 3.00
Mysterious Ways 4.00 Quantum Leap
5.00-6.00am Buffy the Vampire Slaver

#### FX (164)

7.00pm NCIS 9.00 Family Guy 10.00 NCIS 11.00 The Walking Dead 12.00m't Nip/Tuck 1.00am Farscape 2.00 Babylon 5 3.00-4.00am ReGenesis

# **TODAY'S MUST-SEES**



"The wind blew and I just got stuck in this position"

## **Sunderland vs Everton**

Sky Sports 1, 7pm

SPORT David Moyes' team go north to face the Black Cats in search of points. Both sides are loitering around mid-table, knowing just a few wins could lift them into the top six.



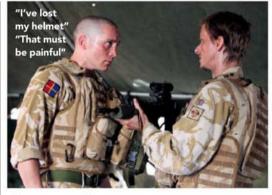
# **Chris Moyles' Quiz Night**

Channel 4, 10pm

This week's instalment of Moyles' celeb show promises to be above average, as guests are Welsh funny-lady Ruth Jones, comic Paddy McGuinness and chef Heston Blumenthal.

# The Trip BBC2, 10pm This partly improvised docu-

comedy has Steve Coogan and Rob Brydon continuing their restaurant road trip with a visit to a posh eating gaff near Kirkby Lonsdale, reviewing the grub for a Sunday newspaper. It's basically the pair of them sitting at a series of tables arguing and doing impressions of actors, and it's absolutely hilarious! If you want a taster, head to nuts.co.uk for some smashing clips and see what you think. It's a little bit off the wall, but in a good way, and we think it'll have you bent over laughing. Brilliant! \*\*\*\*



## Accused BBC1, 9pm

PRAMA You'd hardly turn to a Jimmy "Cracker" McGovern drama for laughs, but for grittiness, you won't go far wrong. Tonight's tense courtroom tale follows the events that lead to a wayward soldier's appearance in the dock.



# **Nuts**TV

6.00am Breakfast 9.15 Rip Off Britain 10.00 Homes Under the Hammer 11.00 Real Rescues 11.45 To Buy or Not to Buy 12.15pm Bargain Hunt 1.00 BBC News, Weather 1.30 Regional News, Weather 1.45 Doctors 2.15 Missing (R) 3.00 BBC News, Weather, Regional News 3.05 CBBC 5.15 Weakest Link: Back-stabbing quiz. 6.00 BBC News, Weather 6.30 Regional News Programmes, Weather

6.00am CBeebies 7.00 CBBC 8.30 CBeebies 11.30 Animal Park: Wild in Africa (R) 12.00noon Daily Politics 12.30pm GMT with George Alagiah 1.00 Due South (R) 1.45 Coast 2.00 LIVE Tennis: ATP World Tour Finals: Racketwaving with day three from London. 3.45 Flog It! (R) 4.30 Pointless (R) 5.15 The Hairy Bikers' Cook Off 6.00 Eggheads 6.30 Strictly Come Dancing - It Takes Two

# itv 1

5.30am ITV News 6.00 Daybreak 8.30 Lorraine 9.25 Jeremy Kyle: Morning Surgery 10.30 This Morning 12.30pm Loose Women 1.30 ITV News 1.55 Regional News, Weather 2.00 Dinner Date 3.00 Dickinson's Real Deal 4.00 Midsomer Murders: Rubbish drama. (R) 5.00 The Alan Titchmarsh Show 6.00 Regional News, Weather 6.30 ITV News

5.55am Brothers & Sisters (R) 6.40 The Treacle People (R) 6.50 Yo Gabba Gabba (R) 7.15 Freshly Squeezed 7.40 Everybody Loves Raymond (R) 8.35 Frasier (R) 9.05 According to Jim (R) 9.35 Cook Yourself Thin (R) 10.05 One Tree Hill (R) 11.00 Smallville 12.00noon News 12.05pm Jamie at Home (R) 12.35 A Place in the Sun: Home or Away (R) 1.35 FILM Revenge of the Pink Panther 3.25 Countdown 4.10 Deal or No Deal Fifth Anniversary 5.00 Come Dine with Me 5.30 Four in a Bed 6.00 The Simpsons (R) 6.30 Hollyoaks

6.00am Milkshake! 9.15 The Wright Stuff 10.45 Trisha Goddard (R) 11.45 House Doctor(R) 12.10pm House Doctor(R) 12.40 Five News 12.50 Emergency Bikers (R) 1.45 Neighbours 2.15 Home and Away 2.50 Animal Rescue Squad (R) 3.05 Another Day: Fantasy starring Shannen Doherty. 5.00 Five News, Weather 5.30 Neighbours (R) 6.00 Home and Away (R) 6.25 Live from Studio Five

#### 7.00 The One Show Tonical chit-chat

7.30 EastEnders Misery at the market stall.

#### 8.00 Holby City

Jac makes a poor decision in the middle of surgery. Wrong leg?

#### 9.00 Turn Back Time -The High Street

The families experience the difficulties of wartime trading. Ah, but it was still better in those days. According to your nan.

#### 10.00 BBC News, Weather 10.35 Imagine

The life and career of American celeb snapper Ron Galella.

#### 11.40 Where the Truth Lies

FILM In 1972, an ambitious young journalist begins researching a book about a legendary '50s double act, who split up shortly after a naked blonde turned up dead in their hotel suite. Heck!

#### 7.00 Coast

Stretches of water, this time in France, This show really does have the potential to go on forever, doesn't it? Groan, (R)

#### 8.00 Alan Titchmarsh's **Garden Secrets**

Rake-related rubbish.

#### 9.00 The Foods **That Make Billions**

NEW Extremely wealthy sharp-suited sausages and the like. Something like that, anyway.

#### 10.00 Mock the Week Again Hosted by Dara O'Briain. (R)

#### 10.30 Newsnight 11.20 American Dream

Docu about the realities behind the national ethos of the US of A. (R)

#### 12.20am BBC News

#### 7.00 Emmerdale

Chastells Carl she wants to have the wedding ASAP. So do we, then maybe she'll stop banging on about it

#### 7.30 River Monsters

Jeremy Wade travels to the heart of Africa to look for critters in the Congo.

#### 8.00 The Zoo

The search begins for a new male gorilla. Did they lose the other one?

#### 9.00 I'm a Celebrity Get Me Out of Here!

A contestant is chosen for the next Bushtucker Trial and more bug-chomping.

#### 10.00 ITV News, Weather 10.35 Celebrity Juice: X Factor Special

Laughs with guests Dermot O'Leary, Diana Vickers and Olly Murs.

#### 11.20 Swingtown

Susan throws a birthday party for Janet.

#### 12.10am The Zone

#### 7.00 News

7.55 4thought.tv Prisons? All like holiday camps! Not according to some bloke here though.

#### 8.00 Kirstie's **Homemade Home**

A Surrey couple transform their home.

#### 9.00 The Family

With the parents away from home, the youngsters plan a party. That's the spirit!

#### 10.00 Frankie Boyle Live MUST-SEE Stand-up hilarity from the angry Scotsman

at London's Hackney Empire. (R)

#### 11.05 1 Day

PREMIERE British hip-hop musical starring

Dylan Duffus. In Birmingham, a drug dealer has just a day to find 100 grand for a gang boss. Time to leg it, we reckon.

#### 7.00 Five News at 7

#### 7.30 Street Market Chefs

Bristol chefs Jonny Evans and Ron Faulkner rustle up local dishes.

#### 8.00 Sea Patrol UK

A man and his son are trapped on a cliff on the Devon coast.

#### 9.00 CSI: Miami

MUST-SEE Calleigh sees the ghost of a 15-year-old who died in a fire. Course she does.

#### 10.00 CSI: NY

A body is discovered encased in concrete, triggering an investigation that takes the team into the world of illegal fighting. (R)

#### 11.00 CSI: Crime Scene Investigation

The team investigate a teenager's death in a house fire. (R)

#### 12.00m't NCIS

More murder as Gibbs investigates the death of a team member. (R)

12.55am SuperCasino

1.25am Sign Zone: See Hear (R) 1.55 MasterChef: The Professionals (R) 2.55 Renaissance Revolution (R) 3.55 The Bionic Vet (R) 4.25-6.00am BBC News

4.00-6.00am BBC Learning Zone

2 10 The Rockford Files: Jim tracks down stolen loot. (R) 3.05 The Jeremy Kyle Show (R) 4.00-5.30am ITV Nightscreen

1.05am Bull Run 1.35 B-Boy Series 2.00 Volleyball 2.55 Boxing 3.20 World Sport 3.45 Half Marathon 4.40 Great London Swim 5.35-6.25am Deadliest Catch

3.55 Emergency Bikers (R) 4.45 House Doctor (R) 5.10 Michaela's Wild Challenge (R) 5.35-6.00am Michaela's Wild Challenge (R)

BBC1 SCOTLAND: 8.00pm River City BBC1 NORTHERN IRELAND: 10.35pm NW NI's Greatest Haunts 11.05 Imagine 12.05am BBC News 12.30am Sign Zone: Countryfile BBC1 WALES: 10.35pm Week In, Week Out 11.05 Imagine

12.10am Where the Truth Lies: Thriller starring Kevin Bacon and Colin Firth. BBC2 SCOTLAND: 7.00pm Michael Wood's Story of England 11.00pm Newsnight Scotland, Weather BBC2 NORTHERN IRELAND: 7.00pm Jackie's the Boy 7.30 An

Bhearna Bhaoil 10.00 Great Unanswered Questions 11.20 Stormont Today 11.50 American Dream 12.50am BBC News STV: 7.30pm Cheetah Kingdom 10.30 STV News and Weather 10.40 When Playboys Ruled the World 12.00m't Brain

Box 1.00am The Jeremy Kyle Show 2.00-5.30am The Nightshift ITV1 ULSTER: 10.30 UTV Live Tonight 11.05 The Cube: Celebrity Special 12.00m't Brain Box ITV1 WALES: 7.30pm Kiwi Connections

#### **TODAY'S SPORT**

6.00am Good Morning Sports Fans (HD)

9.00 Nethusters

9.30 Football (HD)

11.30 SPL Round-Up (HD)

12.00noon Tennis: The ATP World
Tour final at the 02 in London. (HD)

4.00pm FIFA Futbol Mundial 4.30 Netbusters

5.00 SPL Round-Up (HD)

5.30 Football Asia

6.00 Spanish Football 7.00 Sky Sports News at Seven (HD)

7.30 Soccer Special (HD)

10.30 Football Asia

11.00 Spanish Football

12.00m't A-League

12.30am Football (HD)

1.30 Football Asia 2.00 Spanish Football 3.00 Football (HD)

4.00 A-League 4.30 Spanish Football

5.30-6.00am Football Asia

#### sky SPORTS 1 sky SPORTS 2

6.00am Aerobics 6.30 Snow Ride

7.00 WWE: Afterburn (HD)

8.00 Thinking Tackle

9.00 Golf (HD) 10.00 Wonderful World of Golf

11.30 PGA Tour Classic

12.30pm Soccer AM: The Best Bits

1.30 Football (HD) 3.30 Soccer AM. The Best Bits: Round-up of highlights from Saturday's show.

4.30 Basketball

6.30 Sailing 7.00 MUSTISSEE Football: The Champions League kickabout between SC Braga and Arsenal, kick-off 7.45pm. (HD)

10.00 UEFA Champions League Goals: Round-up of action. (HD)

11.00 Poker (HD)

1.00am Pool 2.00-4.00am Basketball

#### FILM4 (315)

6.50pm Gallipoli: First World War drama starring Mel Gibson and Mark Lee. 9.00 Alien 3: Sci-fi thriller sequel starring Sigourney Weaver, 11.10 The Escapist: British jail-break thriller starring Brian Cox. 1.10am The Man from Elysian Fields: Comedy drama starring Andy Garcia. 3.15-3.30am Mike Leigh Special

#### **COMEDY CENTRAL (126)**

6.00pm Two and a Half Men 7.30 Scrubs 8.30 Two and a Half Men 10.00 Michael McIntyre at the Comedy Store 10.30 Mike & Molly 11.00 Sex and the City



6.30pm Eredivisie 7.30 NFL 10.00 Football 11.30

ESPN Game of the Week 12.00m't Kicks 12.30 Press Pass 2010 1.00 Eredivisie Review Show 2.00 W NHL Ice Hockey 4.30-5.45am Bundesliga

12.10am Two and a Half Men 1.10 South Park 2.10 The Office: An American Workplace 3.10 Scrubs 3.40 Two and a Half Men 4.05 Shortcuts Shuffle 4.20 The King of Queens 5.10-6.00am Frasier

ON DIGITAL, SATELLITE AND CABLE TV TONIGHT

#### DISCOVERY (520)

6.00pm Mythbusters 8.00 How Do They Do It? 8.30 How It's Made 9.00 Swamp Loggers 10.00 Built from Disaster 11.00 River Monsters 12.00m't Deadliest Catch 1.00am Bear Grylls: Urban Survivor 2.00 Mark Williams on the Rails 3.00 World War Two in HD Colour 3.50 How the Universe Works 4.40 Mystery Investigator: Olly Steeds 5.30-6.00am How Does That Work?

7.00pm Total Wipeout 8.00 Don't Tell the Bride: Greatest Moments 9.00 Mad About the House 10.00 EastEnders 10.30 Young Hairdresser of the Year

11.30 Family Guy 12.15am Mad About the House 1.15 Young Hairdresser of the Year 2.15 Don't Tell the Bride: Greatest Moments 3.15 Total Wipeout 4.15-5.15am Love Me, Love My Face

#### E4 (136)

7.00pm Hollyoaks 7.30 Friends 9.00 Cellular: Thriller. 10.50 The Event 11.50 Scrubs 12.55am Life Unexpected 1.55 The Event 2.40 Reno 911! 3.00 What About Brian 3.45 Rick & Steve: The Happiest Gay Couple in All the World 4.05 Switched 4.30 Accidentally on Purpose 4.50-6.00am Switched

#### **DAVE (111)**

6.40pm QI 8.00 Top Gear 9.00 QI XL 10.00 QI: Head-hurting quiz. 10.40 Have I Got News for You 11.20 QIXL 12.20am QI 1.00 Have I Got News for You 1.40 Pulling 2.15 Lead Balloon 2.45-3.00am Radical Highs

# 23 NOVEMBER TUESDAY

# DAY FULL 7 DAY TV



6.00am The Biggest Loser US (R) 7.00 Brainiac: Science Abuse (R) 8.00 Oops TV (R) 9.00 It's Me or the Dog USA (R) HD) 10.00 Emergency Animal Rescue (R)(HD) 11.00 Kim's Rude Awakening (R) 11.30 The Real A&E (R)(HD) 12.00 noon The Biggest Loser US 1.00pm UK Border Force (R)(HD) 2.00 Stargate Atlantis (R) (HD) 3.00 Stargate Atlantis (R)(HD) 4.00 Bones (R)(HD) 5.00 Malcolm in the Middle (R) 5.30 Futurama (R) 6.00 Oops TV (R)(HD) 6.30 The Simpsons (R)

#### 7.00 The Simpsons

Milhouse moves to Capital City. (R)

#### 7.30 The Simpsons

Reports of Mr Burns' death in a landslide provoke a media storm. (R)

#### 8.00 UK Border Force

A pregnant woman boards a plane to America and promptly tips it over. Not really – she just concerns immigration she might be planning to give birth on US soil to claim citizenship. Tut tut! (R)(HD)

#### 9.00 Stargate Universe

Ginn discloses details of an impending Lucian attack. (HD)

#### 10.00 Fringe

Olivia is sent Over There to investigate the case of a serial kidnapper. (HD)

#### 11.00 Croc

Action horror film starring
Michael Madsen. File firmly
in the so-bad-it's good category.

#### 12.45am Road Wars

Cops combat vehicle crime. Again! (R)

1.40 Ross Kemp (R)(HD) 2.30 Brainiac (R) 2.40 Oops TV (R)(HD) 3.30 Lost (R)(HD) 4.20 Sell Me the Answer (R)(HD) 5.10-6.00am Smarter Than a 10 Year Old? (R)

#### MTV (350)

7.00pm Hogan Knows Best 8.00 If You Really Knew Me 9.00 Teen Mom 10.00 Jersey Shore 11.00 The Hard Times of RJ Berger 12.00m't The Dudesons in America 1.00am Jersey Shore: Lairy reality series. 2.00 The Hard Times of RJ Berger 3.00-6.00am All the Hits

#### SYFY (129)

7.00pm A Town Called Eureka 8.00
Medium 9.00 Haven 10.00 Medium 9.00 Haven 10.00 Medium 9.00 Haven 10.00 Medium 9.00 Medium 9.

#### FX (164)

7.00pm NCIS 9.00 King of the Hill 10.00 American Dad! 11.00 Life 12.00m't Nip/Tuck 1.00am Farscape 2.00 Babylon 5 3.00-4.00am ReGenesis

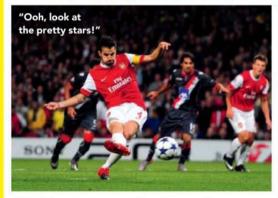
## **TODAY'S MUST-SEES**



## Law Abiding Citizen

Sky Movies Premiere/HD, 10pm

Enjoyable revenge fantasy nonsense, with Gerard Butler playing a devoted family man who sees his family brutally murdered. When one of the killers walks free so that his accomplice can be convicted, Butler tracks the man down to give him his just desserts. He's then thrown in jail – but while incarcerated, other people involved in the murders continue to die in decidedly nasty ways... So, who's killing them? \*\*\*\*



## SC Braga vs Arsenal

Sky Sports 2/HD, 7pm

Arsenal travel to Portugal knowing a win will take them through to the next stage of the Champions League. A win for SC Braga would see them join the Gunners on nine points.



# **Frankie Boyle Live**

Channel 4, 10pm

Devastatingly funny and incredibly offensive, Boyle's 2008 Hackney show hammers target after target with blistering one-liners – including most of the audience!





# CSI: Miami Five, 9pm

DRAMA

A frankly ludicrous plot has the ghost of a 15-year-old who died in a fire pleading with Calleigh to find out who was responsible for his death. Hmm, something tells us she might have trouble making this one stand up in court! \*\*\*



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# **Nuts**

6.00am Breakfast 9.15 Rip Off Britain

10.00 Homes Under the Hammer 11.00 Real Rescues 11.45 To Buy or Not to Buy 12.15pm Bargain Hunt 1.00 BBC News, Weather 1.30 Regional News, Weather 1.45 Doctors: Rubbish drama. 2.15 Missing (R) 3.00 BBC News, Weather, Regional News 3.05 CBBC 5.15 Weakest Link 6.00 BBC News, Weather 6.30 Regional News Programmes, Weather

6.00am CBeebies 7.00 CBBC 8.30 CBeebies 11.30 Daily Politics 1.00pm See Hear 1.30 Film 2010 with Claudia Winkleman 2.00 LIVE Tennis: ATP World Tour Finals: Racket-waving action from day four at the O2 in London. 3.45 Flog It! (R) 4.30 Pointless (R) 5.15 The Hairy Bikers' Cook Off 6.00 Eggheads 6.30 Strictly Come Dancing - It Takes Two

itv 1

5.30am ITV News 6.00 Daybreak 8.30 Lorraine 9.25 Jeremy Kyle: Morning Surgery 10.30 This Morning 12.30pm Loose Women: With Al Murray. 1.30 ITV News 1.55 Regional News, Weather 2.00 Dinner Date 3.00 Dickinson's Real Deal 4.00 Midsomer Murders (R) 5.00 The Alan Titchmarsh Show 6.00 Regional News, Weather 6.30 ITV News

6.25am Sali Mali (R) 6.30 Planet Cook (R) 6.50 Yo Gabba Gabba (R) 7.15 Freshly Squeezed 7.40 Everybody Loves Raymond (R) 8.35 Frasier (R) 9.05 According to Jim (R) 9.35 Cook Yourself Thin (R) 10.05 One Tree Hill (R) 11.00 Smallville 12.00noon Channel 4 News Summary 12.05pm Jamie at Home (R) 12.35 A Place in the Sun: Home or Away (R) 1.35 FILM The Ghost and Mrs Muir 3.25 Countdown 4.10 Deal or No Deal Fifth Anniversary 5.00 Come Dine with Me 5.30 Four in a Bed 6.00 The Simpsons (R) 6.30 Hollyoaks

10.45 Trisha Goddard (R) 11.45 House Doctor(R) 12.10pm House Doctor(R) 12.40 Five News 12.50 Emergency Bikers (R) 1.45 Neighbours 2.15 Home and Away 2.50 Animal Rescue Squad (R) 3.05 FILM Loving Evangeline: Romantic drama. 5.00 Five News, Weather 5.30 Neighbours (R) 6.00 Home and Away (R) 6.25 Live from Studio Five

7.00 The One Show 7.30 Wallace & Gromit's World of Invention

8.00 Jimmy's Food Factory The farmer tries to make that much-loved food, er, chewing gum.

8.30 Nigel Slater's Simple Suppers

The food writer prepares a series of dishes with leftover ingredients. Cheapskate.

9.00 The Apprentice MUST-SEE The eight remaining contestants try to sell

crisps in Germany. Easy! Er, isn't it? 10.00 BBC News, Weather

10.35 The National **Lottery Draws** More fluky people get rich.

10.45 Film 2010 with Claudia Winkleman

A review of The American.

11.25 Thirteen Days

FILM Drama starring Kevin Costner and Bruce Greenwood.

1.45am Sign Zone: Country Tracks (R)

2.40 Watchdog (R) 3.40 MasterChef: The

Professionals (R) 4.40-6.00am BBC News

7.00 Escape to the Country

Two singers hope to find a rural retreat in Wales. That's the local wildlife's peace about to be shattered for good, then. (R)

7.30 Miranda

The joke-shop owner tries to do something for a good cause. (R)

8.00 Edwardian Farm

Ruth prepares for the arrival of the pigs by restoring a compost-maker. And there was us thinking she'd lay on some karaoke.

9.00 Ancient Worlds

Richard Miles explores the paradoxes of Greek civilisation. Warning: watching this may damage your head.

10.00 The Apprentice: You're Fired!

With guest Ed Byrne. 10.30 Newsnight

11.20 The Foods **That Make Billions** 

Another renowned food now - why, it's the bottled water industry of course! (R)

12.20am BBC News

4.00-6.00am BBC Learning Zone

7.00 Emmerdale

Sheep-bothering soap.

7.30 UEFA Champions League MUST-SEE The Group C match between Rangers

and Man United at Ibrox, where the hosts will fancy their chances of winning after holding Fergie's men at Old Trafford. It kicks off at 7.45pm. Excellent!

10.00 ITV News, Weather 10.35 UEFA Champions League: Extra Time

SPORT Round-up of this week's leather-whacking on the continent, including Rangers vs Man United, Spurs vs Werder Bremen, Braga vs Arsenal and Chelsea vs MSK Zilina. Catch some of this before the Ashes starts on Sky Sports 1 at 11pm!

12.30am The Zone

7.55 4thought.tv

7.00 News

8.00 Animal Madhouse A frisky monkey in need of contraception.

9.00 Grand Designs

A couple who set out to build a spectacular split-level home cascading down an almost vertical Belfast hillside. Can't they just settle for a a two-hedroom semi?

10.00 Rude Tube

The world's most popular internet videos get a bit of TV time. (R)

11.05 The Event

President Martinez and the Director of National Intelligence suspect there's a mole in their camp. (R)

12.05am Music on 4: The Album Chart Show: Cee Lo Special

The Gnarls Barkley singer performs.

12.35 On Track With White Lies

12.50 Mercury Prize Sessions
A performance by the Joy Formidable. (R)

7.00 Five News at 7 7.30 Highland Emergency

A surfer goes missing.

8.00 Emergency Bikers

More people save lives in between speeding around on motorbikes. Ace!

9.00 NCIS

Ziva witnesses an assassination. (R)

10.00 Law & Order: **Criminal Intent** 

A boxer is killed while trying to stop a brawl. So, a pretty rubbish boxer then?

10.55 Law & Order

A Mob informant is murdered. (R)

11.55 Poker

SPORT Holding and folding fun with the World Open VI at the Palm Beach Casino in Mayfair.

12.50am SuperCasino

BBC1 SCOTLAND: 7.30pm Wallace & Gromit's World of Invention 8.00 Holby City BBC1 Film 2010 with Claudia Winkleman 11.55

Bacon. 1.35am Where Music Matters BBC1 WALES: 7.30pm Coming Home 10.45 The Indian Doctor 11.30 Film 2010 with Claudia Winkleman 12.10am Thirteen Days: Drama starring Kevin Costner. 2.25am BBC News, Weather BBC2

starring Michael Caine and Peter Riegert. 4.00 The Jeremy Kyle Show (R) 4.55-5.30am ITV Nightscreen

2.30 A Shock to the System: Comedy

1.05 Album Chart 1.20 Newton Faulkner 1.35 CLM Capitalism: A Love Story 3.45 Laid Off (R) 4.00 ER (R) 4.45 Hill Street Blues (R) 5.35-6.20am Countdown (R)

3.55 Emergency Bikers (R) 4.45 House Doctor: From Surrey. (R) 5.10 Michaela's Wild Challenge (R) 5.35-6.00am Michaela's Wild Challenge (R)

NORTHERN IRELAND: 10.45pm LOL 11.15 Where the Truth Lies: Showbiz thriller starring Kevin SCOTLAND: 7.00pm Nigel Slater's Simple Suppers 7.30 Nigel Slater's Simple Suppers 11.00pm Newsnight Scotland, Weather BBC2 NORTHERN IRELAND: 7.00pm House on the Hill 7.30pm Santer STV: 12.30am Sons and Daughters

12.50 Vet School Bites 1.00 The Jeremy Kyle Show 2.00-5.30am The Nightshift ULSTER: 10.30pm UTV Live Tonight 11.00 SPORT UEFA Champions League: Extra Time 12.55am The Howling: Horror chiller with Dee Wallace and Patrick Macnee.

#### **TODAY'S SPORT**

#### sky SPORTS 1 sky SPORTS 2

6.00am Good Morning Sports Fans (HD) 9.00 Football (HD)

10.00 Football Asia

10.30 A-League 11.00 Spanish Football

12.00noon Tennis: The ATP World Tour Finals from the O2 in London. (HD)

4.00pm A-League

4.30 Football Asia

5.00 FIFA Futbol Mundial

5.30 European Tour Weekly

6.00 Total Rugby 6.30 FIFA Futbol Mundial

7.00 Sky Sports News at Seven (HD)

7.30 Soccer Special (HD)

10.00 Time of Our Lives

11.00-6.00am MUSTISEE Cricket: Cancel any other plans. And yes, that includes normal stuff like sleeping! It's the first day of the Ashes at the Brisbane Cricket Ground. Come on England! (HD)

6.00am Aerobics 6.30 Snow Ride 7.00 WWE: Vintage Collection 8.00 Spanish Football 9.00 Asian Tour Golf Show

9.30 Poker (HD) 11.30 Golf

12.30pm Asian Tour Golf Show 1.00 Football (HD)

2.00 Spanish Football

3.00 British Basketball

5.00 Mountain Bike World 5.30 Sailing

6.00 UEFA Champions League Pre-Game Show: Build-up to tonight's games. (HD)

7.30 We Football. Spurs vs Werder Bremen, kick-off 7.45pm. (HD)

10.00 Football (HD)

11.00 Transworld Sport

12.00m't FIFA Futbol Mundial 12.30am Football (HD)

1.30 Transworld Sport 2.30 FIFA Futbol Mundial 3.00-4.00am Football (HD)

#### FILM4 (315)

7.15pm How She Move 9.00 Kingdom of Heaven 12.40am Epic Movie 2.20-4.00am The House by the Cemetery

#### COMEDY CENTRAL (126)

6.00pm Two and a Half Men 7.30 Scrubs 8.30 Two and a Half Men 10.00 The Office: An American Workplace: Andy challenges Dwight to a duel. 11.00 Sex and the City 12.15am Two and a Half Men 1.15 South Park 2.15 Grouchy Young Men 2.45 Scrubs 3.45 Two and a Half Men 4.10 Shortcuts Shuffle 4.20 The King of Queens 5.10-6.00am Frasier



6.45pm Rugby Union 8.15 NHRA Drag Racing 9.15

NBA Tonight Roundtable 9.45 Kicks 10.00 30 for 30 12.00m't Premier League World 12.30am Basketball 3.00 Press Pass 2010 3.30-6.00am WE NHL Ice Hockey

#### DISCOVERY (520)

6.00pm Mythbusters 8.00 How Do They Do It? 8.30 How It's Made 9.00 Octoboy: Shocking Story 10.00 Inside the Arvan Brotherhood 11.00 Frontline Battle Machines with Mike Brewer 12.00m't Deadliest Catch 1.00am Bear Grylls: Born Survivor 2.00 Mark Williams on the Rails 3.00 World War Two in HD Colour 3.50 How the Universe Works

4.40 Mystery Investigator: Olly Steeds

5.30-6.00am How Does That Work?

ON DIGITAL, SATELLITE AND CABLE TV TONIGHT

7.00pm Don't Tell the Bride... Best of Bride 8.00 Mad About the House 9.00 The Girl Next Door: Comedy.

10.40 Family Guy: Brian's son moves in with the Griffins. 11.25 Love Me, Love My Face 12.25am Russell Howard's Good News 12.55 Kara Tointon: Don't Call Me Stupid 1.55 Mad About the House 2.55 Russell Howard's Good News 3.25 Love

Me, Love My Face 4.25-5.25am Don't Tell the Bride... Best of Bride

#### E4 (136)

7.00pm Hollyoaks 7.30 Friends 9.00 Ugly Betty 10.00 Desperate Housewives 11.00 Natalie Cassidy: Becoming Mum 12.00m't RuPaul's Drag Race 1.00am Scrubs: JD considers relocating. 1.50 Natalie Cassidy: Becoming Mum 2.45 RuPaul's Drag Race 3.25 Rick & Steve: The Happiest Gay Couple in All the World 3.50 Switched 4.15 Accidentally on Purpose 4.35-6.00am Switched

6.40pm QI 8.00 Top Gear 9.00 Mock the Week: With David Mitchell. 10.20 Have I Got News for You 11.00 Mock the Week 12.20am Have I Got News for You 1.00 Pulling: With Sharon Horgan. 1.40 Would I Lie to You? 2.15 Chandon Pictures 2.40-3.00am Radical Highs

88 Nuts

# 24 NOVEMBER WEDNESDAY



6.00am The Biggest Loser US (R) 7.00 Brainiac: Science Abuse (R) 8.00 Oops TV (R) 9.00 It's Me or the Dog USA (HD) 10.00 Emergency Animal Rescue (R)(HD) 11.00 Kim's Rude Awakening (R) 11.30 Medical Emergency (R) 12.00noon The Biggest Loser US 1.00pm UK Border Force (R)(HD) 2.00 Stargate Atlantis (R) (HD) 4.00 Bones (R)(HD) 5.00 Malcolm in the Middle (R) 5.30 Futurama (R) 6.00 Oops TV (R)(HD) 6.30 The Simpsons (R)

#### 7.00 The Simpsons

Simon Cowell quest-stars, (R)

#### 7.30 The Simpsons

Principal Skinner and Edna Krabappel announce their engagement. (R)

#### 8.00 The Little Couple

Following the daily lives of a couple of diddy people. (R)(HD)

#### 8.30 Raising Hope

American comedy from the bloke behind My Name Is Earl. (R)(HD)

#### 9.00 Bones

The team identify a charred body. (R)

#### 10.00 Demolition Man

Ropey sci-fi action thriller starring Sylvester Stallone, Wesley Snipes and Sandra Bullock.

#### 12.15am Road Wars

Car-crime cracking. (R)

1.15 Road Wars (R) 2.10 Ross Kemp (R) (HD) 3.05 Oops TV (R) 3.30 Lost (R)(HD) 4.20 Sell Me the Answer (R)(HD) 5.10-6.00am Smarter Than a 10 Year Old? (R)

7.00pm Hogan Knows Best 8.00 Teen Mom 9.00 Jersey Shore 10.00 Scream Queens 11.00 The Hard Times of RJ Berger 12.00m't Nitro Circus 1.00am Scream Queens 2.00 The Hard Times of RJ Berger 3.00-6.00am All the Hits

#### SYFY (129)

7.00pm A Town Called Eureka 8.00 NYC: Tornado Terror: Disaster thriller. 9.50 mm Airline Disaster: Thriller. 11.40 Teen Wolf Too: Comedy sequel. 1.30am Thunderbirds 2.30 3rd Rock from the Sun 3.00 Mysterious Ways 4.00 Quantum Leap 5.00-6.00am Buffy the Vampire Slayer

7.00pm NCIS 9.00 American Dad! 10.00 Burn Notice 11.00 The Walking Dead 12.00m't Nip/Tuck 1.00am Farscape 2.00 Babylon 5 3.00-4.00am ReGenesis

# **TODAY'S MUST-**



# Australia vs England

Sky Sports 1/HD, 11pm

SPORT Is it that time of year already? It surely is,

and we can't wait! Yes, there may be a few bleary eyes in the Nuts office over the coming weeks, but a) that's nothing new (even though most of them are caused by hangovers), and b) if you think we're going to miss the very real possibility of giving the Aussies a stuffing on their turf, you've got another think coming! Yep, England are going down under as favourites to bring the hallowed Ashes urn home with them. Bring it on, Aussies! \*\*\*



# Rangers vs Man United

Expect fireworks as a hostile Ibrox crowd SPORT Expect lifeworks as a second welcomes United for what promises to be a cracking game. Rangers need a win to progress, whereas a draw's good enough for United. \*\*\*\*



The Apprentice BBC1, 9pm
Selling English crisps in a Hamburg bierkeller? The Nuts team could successfully pull off that caper and still have time for a bevvy. But not this bunch of ego-crazed buffoons. Hell no. Cue German chuckles... ★★★



# The Girl Next Door BBC3, 9pm

Decent comedy starring Emile Hirsch as a nerdy kid who falls in love with his sexy new next door neighbour, 24's Elisha Cuthbert. The problem? She's an ex-porn star with a seriously deranged ex-boyfriend! Give it a punt! ★★★



# NutsTV

6.00am Breakfast 9.15 Rip Off Britain 10.00 Homes Under the Hammer 11.00 Real Rescues 11.45 To Buy or Not to Buy

12.15pm Bargain Hunt: From Shropshire. 1.00 BBC News, Weather 1.30 Regional News, Weather 1.45 Doctors 2.15 Missing (R) 3.00 BBC News, Weather, Regional News 3.05 CBBC 5.15 Weakest Link (R) 6.00 BBC News, Weather 6.30

Regional News Programmes, Weather

6.00am CBeebies 7.00 CBBC 8.30 CBeebies 11.30 Animal Park: Wild in Africa (R) 12.00noon Daily Politics 12.30pm GMT with George Alagiah 1.00 Due South (R) 1.45 Lifeline (R) 1.55 Coast 2.00 Tennis: ATP World Tour Finals: Day five from the O2 in London, 3.45 Flog It! (R) 4.30 Pointless (R) 5.15 The Hairy Bikers' Cook Off 6.00 Eggheads 6.30 Strictly Come Dancing - It Takes Two

5.30am ITV News 6.00 Daybreak 8.30 Lorraine 9.25 Jeremy Kyle: Morning Surgery 10.30 This Morning 12.30pm Loose Women 1.30 ITV News 1.55 Regional News 2.00 Dinner Date 3.00 Dickinson's Real Deal 4.00 Midsomer Murders (R) 5.00 The Alan Titchmarsh Show: With Russell Watson. 6.00 Regional News, Weather 6.30 ITV News

6.20am The Treacle People (R) 6.30 Planet Cook (R) 6.50 Yo Gabba Gabba (R) 7.15 Freshly Squeezed 7.40 Everybody Loves Raymond (R) 8.35 Frasier (R) 9.05 According to Jim (R) 9.35 Cook Yourself Thin (R) 10.05 One Tree Hill (R) 11.05 Smallville 12.00noon Channel 4 News Summary 12.05pm River Cottage Bites 12.15 A Place in the Sun (R) 1.15 A A Room with a View 3.25 Countdown 4.10 Deal or No Deal Fifth Anniversary 5.00 Come Dine with Me 5.30 Four in a Bed 6.00 The Simpsons 6.30 Hollyoaks

6.00am Milkshake! 9.15 The Wright Stuff 10.45 Trisha Goddard (R) 11.45 House Doctor(R) 12.10pm House Doctor(R) 12.40 Five News 12.50 Emergency Bikers (R) 1.45 Neighbours 2.15 Home and Away 2.50 Lonesome Ghosts (R) 2.55 Animal Rescue Squad (R) 3.10 Jane Doe: Yes, I Remember It Well: Mystery starring Lea Thompson. 5.00 Five News, Weather 5.30 Neighbours (R) 6.00 Home and Away (R) 6.25 Live from Studio Five

7.00 The One Show

7.30 EastEnders

lan's devastated. We're not far off either.

8.30 Traffic Cops

Officers in Hastings get, er, hasty chasing a young car criminal around town. (R)

9.00 Have I Got News for You Jug-eared Martin Clunes hosts.

9.30 Live at the Apollo MUST-SEE With Sean Lock and John Bishop. Ace!

10.00 BBC News

10.25 Regional News, Weather

10.35 Question Time Ignore this and maybe it'll go away.

11.40 This Week

Now repeat the above trick for this.

12.30am Sign Zone: **British Schools, Islamic Rules: Panorama** 

Heavy going documentary. (R)

7.00 The Culture Show

James Murphy of LCD Soundsystem has a natter his band's UK tour.

8.00 Nigella Kitchen

Nigella Lawson cooks chicken with 40 cloves of garlic. Presumably she has a morbid fear of vampires.

8.30 Autumnwatch 2010 Darryl Grimason looks at the life of the whooper swan.

9.30 Autumnwatch Unsprung Darryl Grimason talks about his look at the life of the whooper swan. Groan.

10.00 Never Mind the Buzzcocks

Mad-haired comic Tim Minchin hosts the comedy music quiz.

10.30 Newsnight

11.20 The Culture Show It's the programme from earlier. (R)

12.20am The Apprentice: You're Fired!

The most recent booted-out contestant has a moan about the injustice of it all.

7.00 Emmerdale

Hour-long episode, Grr. 8.00 I'm a Celebrity

Get Me Out of Here! More bug-chomping escapades.

9.00 Coronation Street Graeme and David are in celebratory mood. So will we be - in half an hour.

9.30 I'm a Celebrity Get Me Out of Here!

Viewers choose who will be the first to leave the jungle. Expect some top oneliners from Ant & Dec along the way.

10.00 ITV News, Weather

10.35 Something's Gotta Give

FILM Romantic comedy starring
Jack Nicholson.

12.55am The Zone

7.00 News

7.55 4thought.tv 8.00 Beeny's **Restoration Nightmare** 

Britain's worst winter in 30 years delays the restoration of a stately home. Cue moaning about how two inches of snow always brings the country to a standstill.

9.00 The Secret Millionaire A 24-year-old goes undercover in Bootle,

Merseyside to visit a charity. 10.05 True Blood

MUST-SEE Sookie and Lafayette struggle to stop Tara from looking for Eggs. 11.20 True Blood

MUST-SEE In the last in the series, Sookie is forced to be Maryann's maid of honour.

12.30am King of the Hill Peggy hires actors to help her sell a house.

12.55 King of the Hill

Joseph becomes the star quarterback at his school. Hut, hut, hut!

7.00 Five News at 7 7.30 Jaguar Adventure

with Nigel Marven The naturalist joins a group of

conservationists to spy on some jaguars. The four-legged kind, not the car. (R)

8.00 Demolition: The Tallest Tower

A demolition firm's efforts to bring down a 380ft apartment complex. Ace!

9.00 Behind Enemy Lines

FILM A US naval aviator is shot down behind enemy lines and must single-handedly evade the enemy and find his way to safety. Owen Wilson stars.

11.10 Police Interceptors

Officers investigate illegally customised vehicles in Basildon, Essex. (R)

12.10am SuperCasino

1.00 Countryfile (R) 1.55 Antiques Roadshow: Tat-valuing. (R) 2.55 Start Your Own School (R) 3.55-6.00am BBC News

1.05 BBC News: The day's headlines. 4.00-6.00am BBC Learning Zone

2.55 Surface (R) 3.40 The Jeremy Kyle Show (R) 4.35-5.30am ITV Nightscreen 1.20 Coppers (R) 2.20 Unreported World (R) 2.45 Dispatches: City of Fear (R) 3.40 Afterworld (R) 4.05 Brothers & Sisters (R) 4.50 ER (R) 5.40-6.25am Countdown (R)

3.55 Emergency Bikers (R) 4.45 House Doctor: A cottage in Quorn. (R) 5.10 Michaela's Wild Challenge (R) 5.35-6.00am Michaela's Wild Challenge (R)

BBC1 NORTHERN IRELAND: 11.35pm Hearts and Minds 12.10am This Week BBC1 WALES: 11.40pm Dragon's Eye 12.10am This Week BBC2 SCOTLAND: 11.00pm Newsnight Scotland, Weather BBC2 NORTHERN IRELAND: 7.00pm Getaways 7.30

Hearts and Minds 10.00 Blas Ceoil 11.20 Party Political Broadcast 11.25 Never Mind the Buzzcocks 11.55 The Culture Show 12.55am The Apprentice: You're Fired! 1.40am BBC News BBC2 WALES:

7.00pm Dragon's Eye 7.30 Iolo's Secret Life of Birds

STV: 10.30pm STV News and Weather 10.40 Real Crime with Mark Austin: Rachel Nickell - Case Closed 11.40 Politics Now 12.10am Brain Box 1.00 The Jeremy Kyle Show 2.00-5.30am The Nightshift ULSTER: 10.30pm UTV Live Tonight 10.55 Mourne

11.05 Martina Cole's Lady Killers 12.00m't Brain Box 2.30-2.55 Countrywise ITV1 WALES: 10.35pm Wales This Week 11.05 Sharp End 11.35 The Wales Show 12.00m't River Monsters: Featuring a snakehead fish. Urgh! 12.25am Countrywise

#### **TODAY'S SPORT**

6.00am Cricket: The first day of the Ashes betweem Australia and England at the Brisbane Cricket Ground. (HD) 8.00 Football (HD)

9.00 FIFA Futbol Mundial

9.30 Total Rugby

10.00 Cricket (HD) 11.00 Football (HD)

12.00noon WE Tennis: The ATP World Tour Finals from the O2 in London. (HD)

4.00pm Total Rugby
4.30 FIFA Futbol Mundial

5.00 Cricket (HD)

6.00 Football (HD) 7.00 Sky Sports News at Seven (HD)

7.30 Premier League World (HD)

8.00 Cricket (HD) 10.00 The Rugby Club (HD)

11.00 Premier League World (HD) 11.30-6.00am Cricket: Day two of the Aussies vs England in Brisbane. (HD)

#### sky SPORTS 1 sky SPORTS 2

6.00am Good Morning Sports Fans (HD) 9.00 Transworld Sport 10.00 Snow Ride

10.30 Rallyzone 11.00 Racing News

11 30 Aerobics

12.00 noon Watersports World 1.00pm Transworld Sport

2.00 Cricket (HD)

3.00 Football (HD)

4.00 WWE: Vintage Collection
5.00 World Hockey Monthly

5.30 Sailing
6.00 Trans: Grunting fun with the ATP World Tour Finals in London. (HD)

10.00 World Hockey Monthly 10.30 Karting

11.00 Ringside (HD)

12.00m't Golf (HD)

1.30am Golfing World 2.30 The Rugby Club (HD) 3.30 Ringside (HD) 4.30-5.00am Premier League World (HD)

#### FILM4 (315)

6.50pm Star Trek II: The Wrath of Khan: Sci-fi adventure sequel starring William Shatner. 9.00 PREMIERE Stop-Loss: Military drama starring Ryan Phillippe. 11.10 Hush: British road thriller starring William Ash. 12.55am Tulpan: Comedy drama. 2.50-3.05am Mike Leigh Special

#### COMEDY CENTRAL (126)

6.00pm Two and a Half Men 7.30 Scrubs 8.30 Two and a Half Men 10.00 South Park 11.00 Sex and the City 12.10am Two and a Half Men 1.10 South Park 2.10 Rules of Engagement 3.10 Scrubs 4.05



7.00pm Snowboarding 7.30 Basketball 9.30

Goal! 10.00 MMA 10.45 UFC 11.45 Football 1.00 NBA Action 1.30 Snowboarding 2.00 WE NHL Ice Hockey 4.30-5.00am Press Pass 2010

Shortcuts Shuffle 4.20 The King of Queens 5.10-6.00am Frasier

ON DIGITAL, SATELLITE AND CABLE TV TONIGHT

#### DISCOVERY (520)

6.00pm Mythbusters 8.00 How Do They Do It? 8.30 How It's Made 9.00 Wheeler Dealers 10.00 Swamp Loggers 11.00 Death Machines 12.00m't Deadliest Catch 1.00am Bear Grylls: Born Survivor 2.00 Mark Williams on the Rails: Locomotive speed records. 3.00 World War Two in HD Colour 3.50 How the Universe Works 4.40 Unsolved History 5.30-6.00am How Does That Work?

#### BBC3 (115)

7.00pm Top Gear: Mark Wahlberg is the Star in a Reasonably Priced Car. 8.00 Young Hairdresser of the Year 9.00 Can't Bully Me 10.00 EastEnders: Hour-long episode. No! 11.00 Russell Howard's Good News 11.30 Family Guy 12.15am Freak Like Me 12.45 Can't Bully Me 1.45

Russell Howard's Good News 2.15 Young Hairdresser of the Year 3.15 Wait Till Your Teacher Gets Home! 4.10 The Real Hustle Undercover 4.40-5.10am Freak Like Me

7.00pm Hollyoaks 7.30 Friends 9.00 The Big Bang Theory 9.30 Meet the Parents 10.00 Mustage Misfits 11.05

This Is England '86 12.10am Scrubs: Pilot of the medical comedy. 1.05 Misfits 2.00 This Is England '86 2.55 Glee 3.35 Rick & Steve: The Happiest Gay Couple in All the World 4.00 Switched 4.20 Accidentally on Purpose 4.45-6.00am Switched

#### **DAVE (111)**

6.30pm Dragons' Den 7.50 QI 8.30 Carpool 9.00 QI 10.20 Mock the Week 11.00 Have I Got News for You 11.40 Mock the Week 12.20am QI 1.40 Pulling 2.10 Never Mind the Buzzcocks 2.40-3.00am Radical Highs



6.00am The Biggest Loser US (R) 7.00 Brainiac: Science Abuse (R) 8.00 Oops TV (R) 9.00 It's Me or the Dog USA (HD) 10.00 Vet Adventures (R)(HD) 11.00 Kim's Rude Awakening (R) 11.30 Medical Emergency (R) 12.00noon The Biggest Loser US 12.50pm Bite Size Brainiac (R) 1.00 UK Border Force (R)(HD) 2.00 Stargate Atlantis (R)(HD) 3.00 Stargate Atlantis (R)(HD) 4.00 Bones (R)(HD) 5.00 Malcolm in the Middle (R) 5.30 Futurama (R) 6.00 Oops TV: Home videos and outtakes. (R)(HD) 6.30 The Simpsons (R)

#### 7.00 Modern Family Luke's birthday party goes badly.

#### 7.30 The Simpsons

Mr Burns decides to take his own life and jumps off a cliff, but when fate intervenes, the OAP is hit by a bout of amnesia. (HD)

#### 8.00 Modern Family Brill US comedy. (HD)

8.30 The Simpsons Bart and Lisa go to a new school. (R)(HD)

#### 9.00 An Idiot Abroad

Ricky Gervais's pal Karl Pilkington immerses himself in Mexican culture, with hilarious results. (R)(HD)

#### 10.00 Raising Hope

Jimmy's new babysitter turns out to be a former conquest. (HD)

10.30 A League of Their Own With Rob Brydon. (R)(HD)

#### 11.00 Wayne Rooney's Street Striker

SPORT A skate park-based challenge. (R)(HD)

12.00m't NCIS: Los Angeles Crime drama, (R)(HD)

1.00am Road Wars (R) 2.55 Oops TV (R) 3.20 Lost (R)(HD) 4.20 Sell Me the Answer (R)(HD) 5.10-6.00am Are You SmarterThan a 10 Year Old? (R)(HD)

7.00pm Hogan Knows Best 8.00 If You Really Knew Me 9.00 Teen Mom 10.00 Jersey Shore 11.00 The Hard Times of RJ Berger 12.00m't Nitro Circus 1.00am Jersey Shore 2.00 The Hard Times of RJ Berger 3.00-6.00am All the Hits

#### SYFY (129)

7.00pm A Town Called Eureka 8.00 Fact or Faked: Paranormal Files 9.00 Warehouse 13 10.00 Haven 11.00 III The Butterfly Effect 2: Fantasy thriller. 12.50am Stir of Echoes 3.00 Mysterious Ways 4.00 Quantum Leap 5.00-6.00am Buffy the Vampire Slayer

7.00pm NCIS 9.00 Family Guy: Bonnie gives birth. 10.00 Eastbound & Down 10.35 American Dad! 11.05 Family Guy 12.05am Nip/Tuck 1.05 Farscape 2.05 Babylon 5 3.05-4.05am ReGenesis

# TODAY'S MUST-SEES



## **Live At The** Apollo BBC1, 9.30pm

Something of COMEDY a dream double

act for fans of stand-up, this one. Support is provided by affable Liverpudlian funnyman John Bishop, who seems to have come out of nowhere over the last year to become one of the top draws on the UK comedy circuit. And then, hosting the whole shebang, you've got Sean Lock, who is, for our money, one of the funniest men in Britain right now, with the perfect mixture of cracking gags and bonkers surrealism. Beers in, phone off, top night! \*\*\*\*



# The Big Bang Theory

An embarrassing secret of Howard's COMEDY comes to light, Sheldon and Raj have a geeky war at work, and Wolowitz recruits a couple of sci-fi legends as love gurus. \*\*\*



# Misfits E4/HD, 10pm

The mysterious masked man saves Alisha from a mugging, then tries to find out more about her, while Nathan begins to act strangely after a visit to a tattoo parlour. Oh no don't tell us he went for the Prince Albert! ★★★★



## True Blood E4/HD, 10.05pm

DRAMA The second series of blood-sucking brilliance ends with this double bill. Sookie is forced to be maid of honour at Maryann's sacrifice, while Sam must put his trust in his new ally as he tries to save the town. Roll on series three! \*\*\*\*



# **Nuts Poker School**

# This week: our handy guide to poker hands

nless you've been living under a rock for the past few years, you'll have noticed that internet poker has kicked off big time. So we've decided to join forces with internet poker legends PKR to create the Nuts Poker Room online. As the

expert players say, poker takes minutes to learn and a lifetime to master, so we've come up with this easy to understand guide to poker hands, so you'll always know what you're holding. It won't help you to spot those allimportant "tells" when a rival

player is bluffing, or make you a better bluffer yourself, but at least you'll know what beats what in the final showdown. Just stick this guide on the side of your computer screen, and you'll always know if you should hold 'em or fold 'em.



# 1. Royal Flush

The five highest-ranking cards in sequence - 10, J, Q, K, A and all in the same suit. Nice, but comes around as often as Christmas.

## 2. Straight Flush

Five suited cards in sequence. The highest card determines the rank of two straight-flush hands - eg a ninehigh hand beats an eight-high one.

## 3. Four Of **A Kind**

Four cards of the same rank. If you're holding four kings come showdown and a rival player shows four queens, then the kings win.

## 4. Full House

Three cards of the same rank, plus another two cards of the same rank. Where there are two full houses, the highest rank of triplets wins.

## 5. Flush

Five cards of the same suit that are not in sequence. If two players have a flush, the person with the highest card in their flush wins.











# 6. Straight

Five cards in sequence, not all of the same suit. The highest card within the straight determines the winner when there are two straights.

## 7. Three Of **A Kind**

Three cards of the same rank and two non-matching cards. The rank of the three matching cards determines the rank of the hand.

## 8. Two Pairs

Two separate pairs of matching cards of different ranks within the same hand, with an unrelated fifth card. Highest pair wins in a tie-break situation. Or the fifth card if there are two identical two-pair hands.

## 9. Pair

Two matching cards of the same value and three unrelated cards. The ranking of the pair determines the overall strength of the hand.

# 10. High Card

If two players turn over their hands, and neither have made any pairs etc. the person with the best five cards (including those on the flop) wins.













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No Country For Old Men star Javier Bardem used to be a stripper

The Centennial Light bulb at Livermore Fire Station in California has been burning since 1901.

The average human will shed about 50kg of skin in their lifetime.

Portsmouth skipper Aaron Mokoena became South Africa's youngest ever player when he appeared in an Olympic Games qualifier in 1999, aged 18.

Dr John Kellogg, creator of Kellogg's Corn Flakes, was an active campaigner against masturbation.

There are eight Londons, 14 Birminghams, 32 Manchesters and nine Glasgows in the United States.

The mask worn by Michael Myers in the original *Halloween* movie was a Captain Kirk mask painted white.

Turtles can breathe using their bottoms!

Superbabies: Baby Geniuses 2 is the worst film of all time, according to voters on imdb.com.

Babies have about 100 more bones in their bodies than adults do. The bones fuse into larger adult ones over time.

James Buckley, who plays Jay In The Inbetweeners, was originally cast in the role of Neil.

Actor Cillian Murphy's three films for director Christopher Nolan - Batman Begins, The Dark Knight and Inception - have all required him to spend most of the film with a bag over his head.

Dunne's own goal against
Sunderland last month was his
eighth in the Premier League.

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when Woolwich

Arsenal were

based there.

There've only

hat-tricks in the

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32 years ago.

Rohan Ricketts,

who played for both Arsenal

and Spurs, now

plays in the top

been three

division in Moldova.

- Arsenal have won 71 matches against Spurs, with Tottenham prevailing in 51.
   There've been 46 draws.
  - Arsenal vs Tottenham is live on Sky Sports 2, 20 November, kickoff 12.45pm.



WORDS: PETE CASHMORE/PETER STUART PHOTOS: GETTY, ALAMY, ALLSTAR, PA



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